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31/OCT

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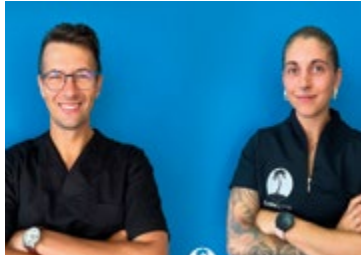


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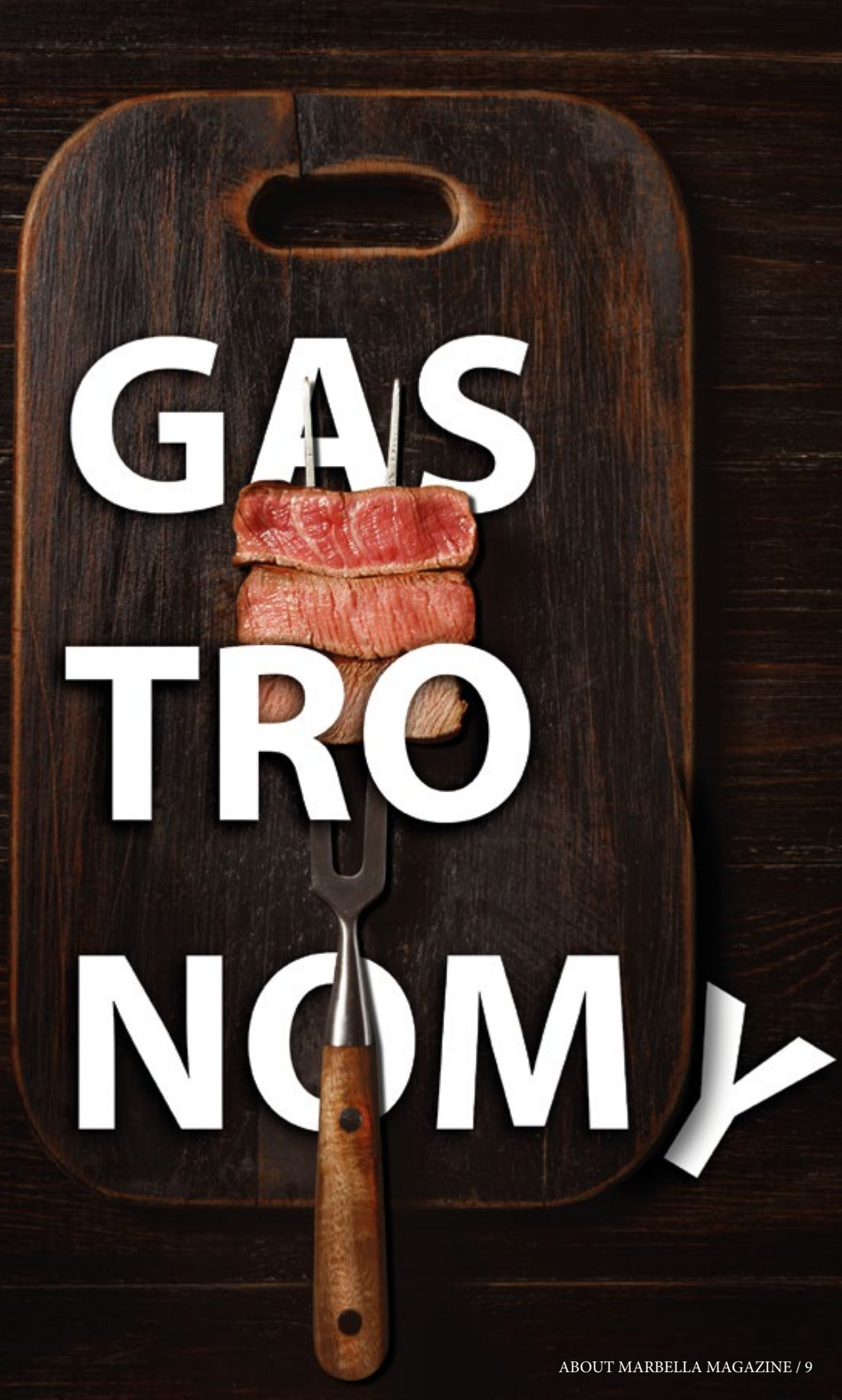


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Girls night out

Gigi Hadid looked sleek while out to meet friend Kendall Jenner.



Happy birthday

Blake Lively just celebrated her 36th birthday surrounded by celeb friends.



Welcome to the family

A\$AP Rocky and Rihanna recently welcomed their second child together, however they need to make a major announcement still: the baby's name. There are rumors that his name, like that of his older brother RZA, begins with the letter R, but that is all we know so far. Photographers caught A\$AP out and about, and he teased some information about the baby's name, but nothing conclusive.



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Stuffed with vermicelli and julienne vegetables.

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BAKED GOAT'S CHEESE
With quince, apple compote and mixed greens.

KING PRAWNS PIL-PIL

MAINS TO CHOOSE

ARGENTINIAN RIB EYE STEAK
With potato terrine and Rioja red wine gravy.

SALMON STEAK
With potato risotto and morel cream sauce.

CHICKEN CORDON BLEU
With broccoli au gratin.

DESSERTS TO CHOOSE

NEW YORK CHEESECAKE
With fresh fruits and strawberry ice cream.

CHOCOLATE FONDANT CAKE
With fresh fruits and vanilla ice cream.

APPLE CRUMBLE
With vanilla and cardamom custard.

CHRISTMAS DAY 3 COURSE MENU 55€

STARTERS

Tuna tataki with truffled ponzu, pickled cucumber and seaweed. Duck crumbs with caramelised miquit with kumquat, chutney and ginger and soy emulsion. Boletus cream, poached egg and mushroom glass.

MAINS TO CHOOSE

SMOKED SALMON BELLY
Smoked salmon belly, hollandaise with its roe and beans with Iberian ham.

TURKEY

Turkey stuffed with nuts, mushroom couscous and Coín goat cheese sauce.

SUCKLING PIG

Suckling pig ingot in oyster sauce, pineapple with thyme and herb polenta.

DESSERTS TO CHOOSE

"TIERRAMISU"

CHOCOLATE CAKE & RED BERRIES IN TEXTURES

PLUS LIVE MUSIC FROM 3PM WITH TABITHA

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Foie and cardamom cream with a touch of Malaga wine and roasted apple
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Kimchy Niguiiri-Croquette with red tuna belly tartar, ponzu and truffle.

STARTER SEAFOOD BISQUE

Aniseed seafood bisque with fennel, semi-raw scallop and sweet and sour radishes.

SEAFOOD STEAMED HAKE

Steamed hake in a Thai broth, massaman pumpkin and red prawns curry, sautéed snow peas.

MEAT BEEF CHATEAUBRIAND

Grilled aged beef Chateaubriand with Andalusian béarnaise and patatas bravas with sirasha foam.

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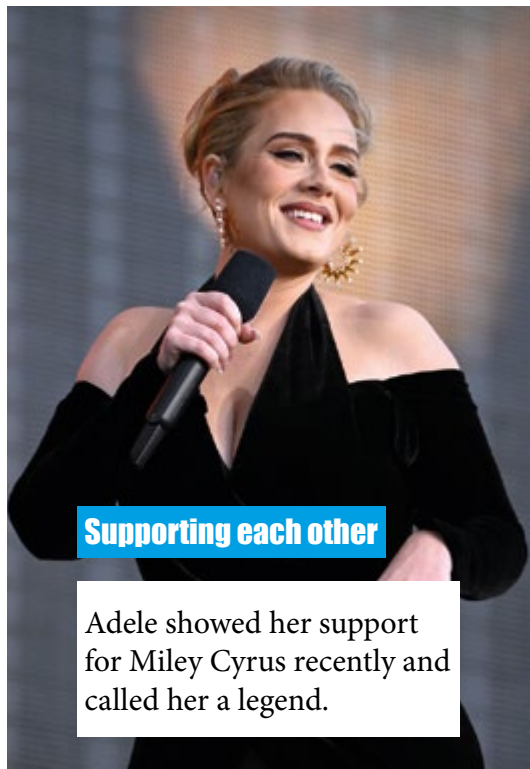
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CENTRO HÍPICO EL REPIQUE

Camino de los Altos. Marbella, Málaga



Supporting each other

Adele showed her support for Miley Cyrus recently and called her a legend.



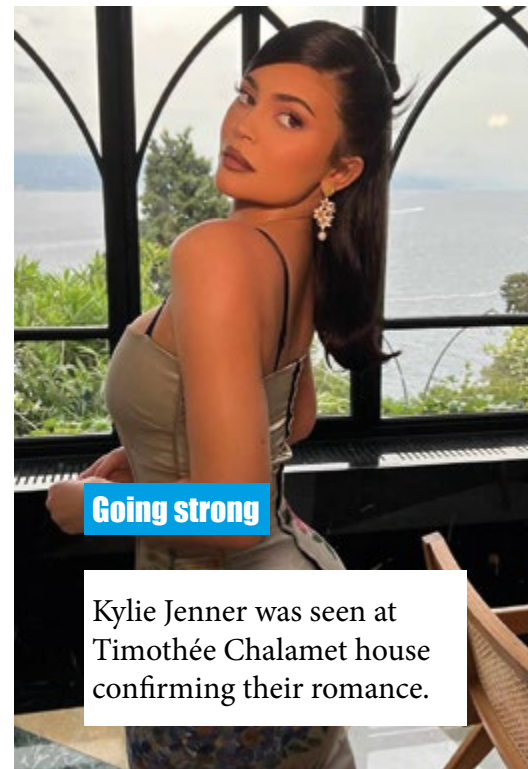
Gym day

Olivia Wilde flaunts her good shape while going to the gym in L.A.



Together for Hawaii

Eva Longoria organized a 'Casa del Sol' event to raise money for Hawaii.



Going strong

Kylie Jenner was seen at Timothée Chalamet house confirming their romance.



Mother's love

Kim Kardashian took to Instagram to flaunt the pants her four children - North, 10, Saint, 7, Chicago, 5, and Psalm, 4 - created for her this Mother's Day. She went on by saying she just adores her children! "They made me these jeans for Mother's Day this year, and when they saw me wear their work or art, they were overjoyed"



Power moves

Zendaya is now among the highest-paid television stars, according to reports that she has renegotiated her salary for HBO's Euphoria. The 26-year-old star, after receiving two Emmys and a Golden Globe for her performance as Rue in the show, will place around 11th on the list of the highest-paid TV stars for 2022 and 2023.



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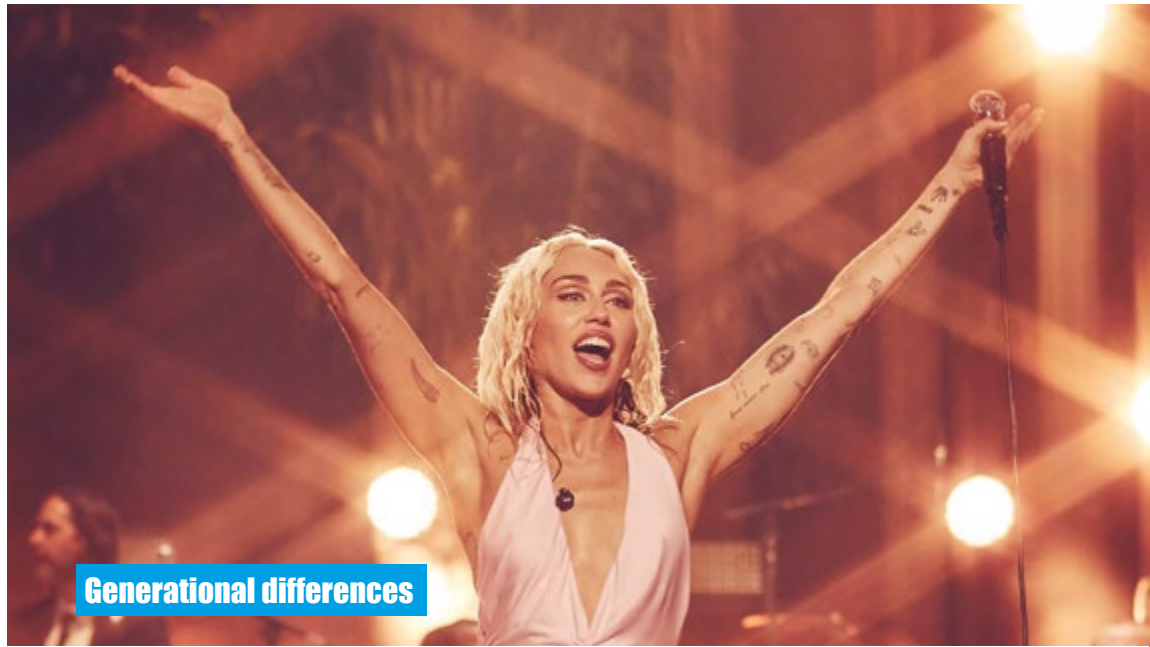
Past projects

Margot Robbie was revealed to have auditioned for American Horror Story.



New territories

Tennis champion Carlos Alcaraz became the new face of Louis Vuitton.



Generational differences

Miley Cyrus reflects on her father Billy Ray Cyrus’s professional life and her own view of success. “At the point when I was born, my father had the No. 1 song. At the point when I see the numbers, I simply see the people behind it enjoying the music, and I see individuals in numbers. A number doesn’t change who I am.”

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She's a mom!

37 years old fashion designer Ashley Olsen just gave birth to her first child.



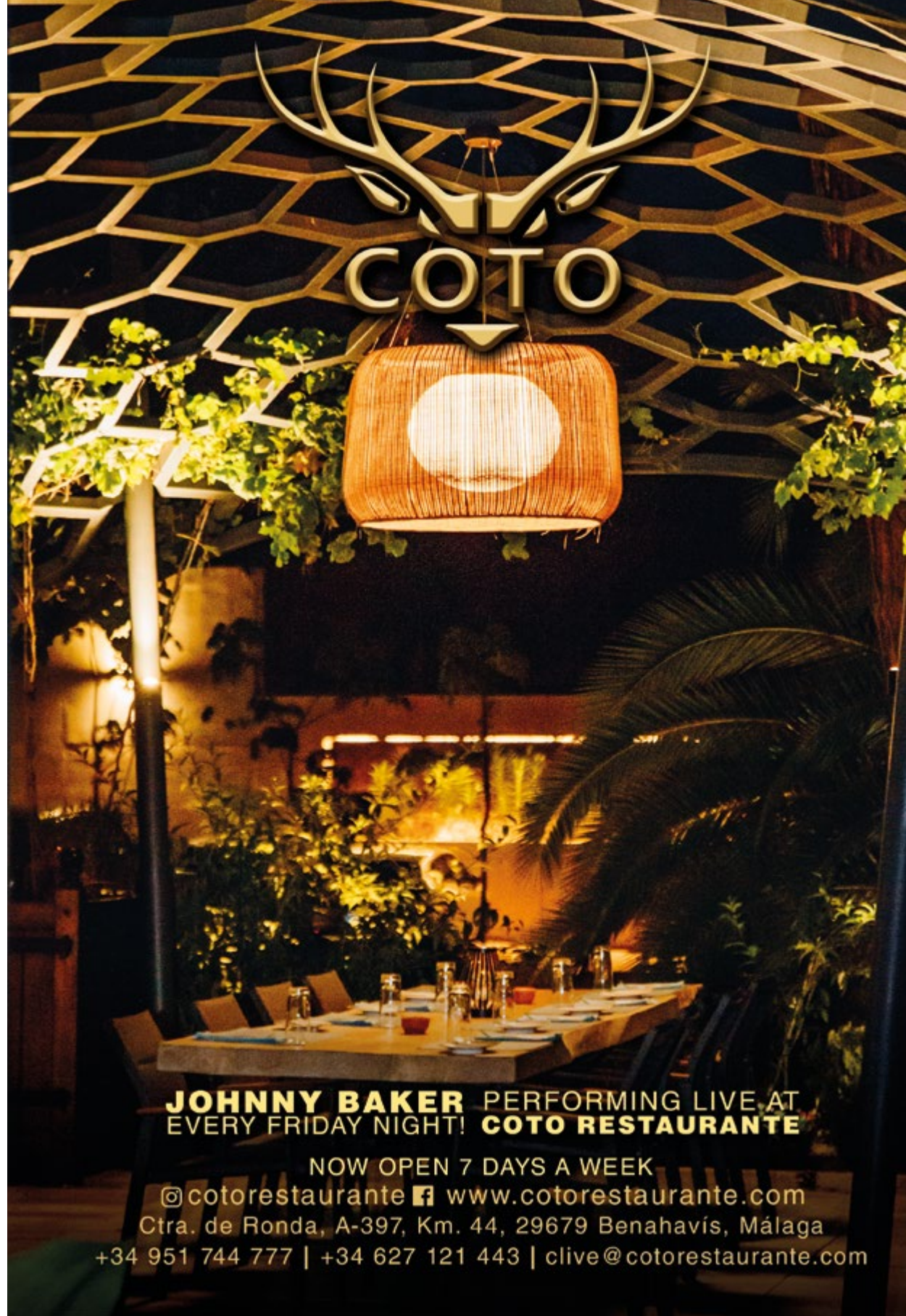
New projects

Ed Sheeran just announced his upcoming album 'Autumn Variations'.



Beauty secrets

Jennifer Aniston opened up about her beauty routines in a recent interview by saying that she would "try almost anything once." She recently received a salmon-sperm facial from her esthetician. She added that she's uncertain assuming it helped her skin by any means. Anyways, she also has peptide infusions for maturing skin every week.



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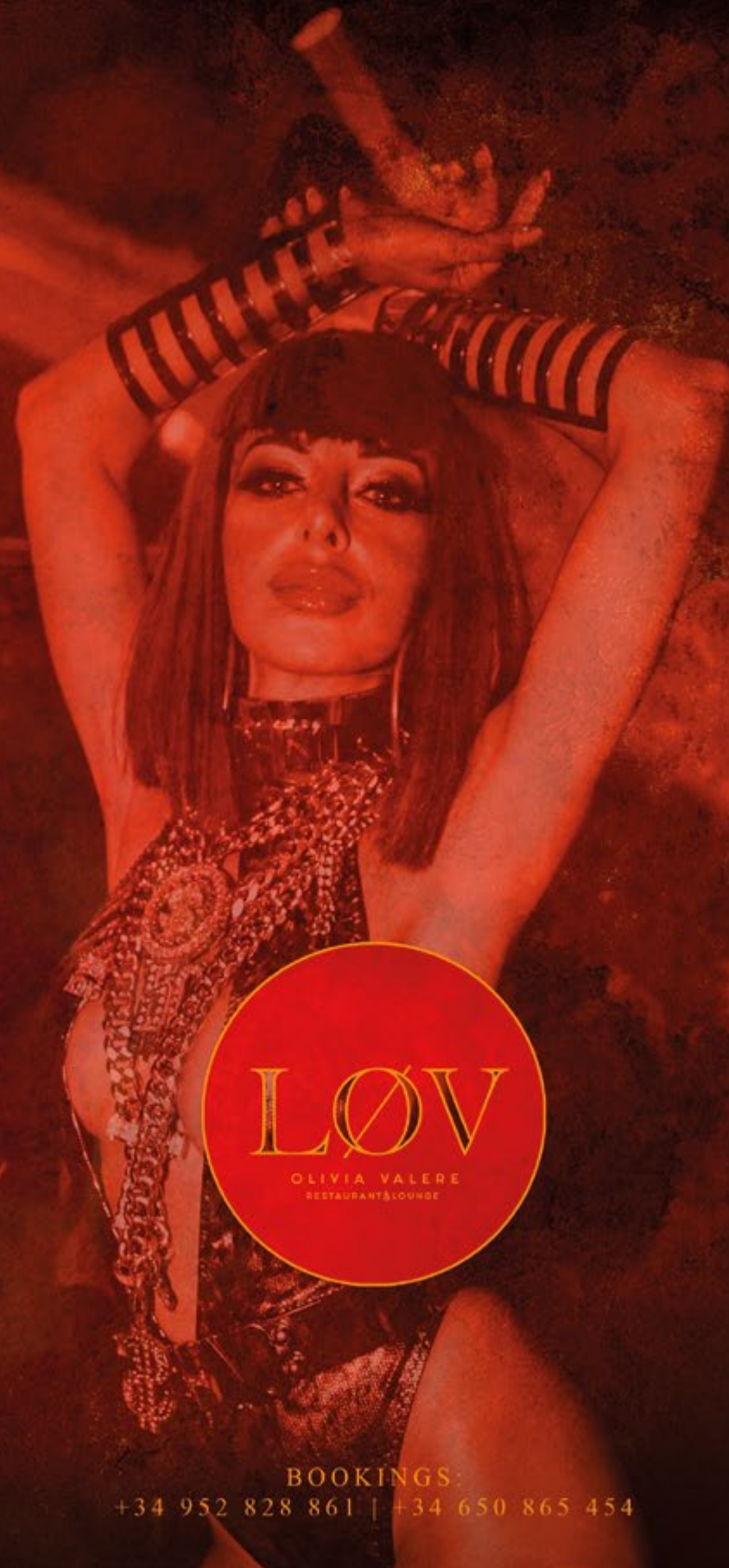
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Clínica "Fantastic you" se especializa en remodelación corporal, pérdida de peso y mejora de la salud. La clínica presenta las siguientes áreas: **ferretería y cosmetología estética, programas de SPA y técnicas de masaje Manual.**

Pero los principales son técnicas innovadoras de hardware para mejorar la figura: "**Endospheres therapy**" y "**ICOONE Laser**".

Y el exclusivo y único en Marbella módulo detox, japonés **IYASHI DOME** y depilación láser alejandrita **Deka**.



La tecnología IYASHI DOME se basa en tradiciones japonesas centenarias, cuando los japoneses se enterraban en la cálida arena de las aguas termales para limpiarse de toxinas.



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Para un curso: la masa grasa se reduce hasta un 20% y el peso se reduce hasta - 6 kg

Dispositivos modernos de cosmetología para mejorar tu belleza en la clínica Fantastic You:

La depilación láser

dispositivo láser alejandrita Deka

Un nuevo láser para la eliminación de todo tipo de vello - de última generación, fabricado en 2023, por Deka (Italia). Este trámite está permitido en cualquier época del año.



Elimina el vello sin dolor, proporcionando comodidad durante la sesión. El láser trata cada área varias veces para garantizar la eliminación del folículo piloso al 100%. La depilación láser se puede realizar en cualquier parte del cuerpo.

¡El único láser alexandrite en Marbella! ¡Depilación láser de forma permanente y sin dolor!

Endospheres therapy

Masaje de hardware para bajar de peso

Dispositivo de terapia de endospheres es una herramienta única y eficaz que le permite resolver una amplia gama de problemas:

- Celulitis en áreas problemáticas;
- exceso de peso;
- depósitos de grasa localizados;
- piel edematosa o flácida;
- disminución del tono muscular;



Para un curso completo de procedimientos se puede reducir a -2 tamaños en volumen corporal

ICOONE LASER

Lifting facial y corporal

Los procedimientos de masaje con hardware láser ICOONE son tecnología que descompone las grasas debido a la lipólisis láser, activa la producción de colágeno, lo que ayuda a rejuvenecer y tensar la piel de la cara y el cuerpo. Y da un resultado sorprendente después del primer el procedimiento no tiene contraindicaciones y está permitido durante el embarazo.



Elimina eficazmente tales problemas:

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- piel edematosa o flácida;
- suaviza las arrugas;
- reducción del tono muscular.

Fantastic You Clinic ofrece una amplia gama de tratamientos estéticos faciales y corporales de belleza y spa, incluyendo todo tipo de masajes manuales y una variedad de tratamientos de belleza de las marcas Styx, Thalgo, Mesoesthetic, Bruno Vassari y Biologique Recherche. Los más populares son los masajes corporales, los tratamientos faciales, las vendas Styx y la terapia con yeso.



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Cooking something

Justin Timberlake was spotted leaving a recording studio preparing new music.



She's expecting

Actress Siena Miller just announced her pregnancy at 41 years of age.

Little homage to him

Ariana Grande sends love to the late Mac Miller while commemorating the tenth anniversary of her debut album, Yours Truly, The 30-year-old hitmaker revealed a special release of the collection on Friday (August 25). In these live performance recordings, a version of her song with Miller is included and used as a homage to the singer.



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2024 CORVETTE E-RAY



The E-Ray is the quickest production Corvette in history, clocking a 2.5-second 0-60 mph time before breezing through the quarter-mile in 10.5 seconds.

A near immediate feeling of thrust from low-end torque is core to the Corvette driving experience, and the E-Ray packs plenty of it. Power comes from the 6.2L LT2 Small Block V-8, putting 495 horsepower and 470 lb-ft of torque to the rear axle. It is complemented by an electric motor that channels an additional 160 horsepower and 125 lb-ft of torque through the front wheels via a 1.9 kWh battery pack. In total, E-Ray produces a combined 655 horsepower from both the electric motor and Small Block V-8.

Designed for year-round performance, E-Ray and its electrified AWD capability is always up for a challenge, whether it's snow or rain. But this sophisticated supercar wasn't created to take on Mother Nature alone. With technology inspired by the C8.R race car, F1 and Le Mans prototypes, it's made to take on the greatest cars in the world.



The E-Ray Performance App lets you see performance data in real time and helps you become one with your Corvette.

E-Ray features a host of functional design elements, adding wider fenders, quarter panels and fascias. The result is a sleek, sculpted presence with a number of aerodynamic and performance benefits. Standard ground effects and spoiler contribute further to its aerodynamic prowess, while matching body-color accents provide a refined look.

With a standard Head-Up Display, you can keep your eyes on the road ahead. Or track, because E-Ray can also be equipped with an available Performance Data Recorder that can help you become a better driver. And you'll be entertained on your longer drives with standard wireless Apple CarPlay[®]† and wireless Android Auto,[™]† compatibility as well as an available 14-speaker Bose Performance Series system.



DODGE CHARGER DAYTONA SRT



Performance Made Us Do It: Dodge Charger Daytona SRT Concept Previews Brand's Electrified Future

- The future of electrified muscle: Dodge Charger Daytona SRT Concept
- Dodge Charger Daytona SRT Concept drives like a Dodge, looks like a Dodge and feels like Dodge – and just happens to be a battery-electric vehicle (BEV)
- Three game-changing, patent-pending features make up the core of the Charger Daytona SRT Concept:
 - **R-Wing:** Front aerodynamic wing retains Dodge profile while achieving aerodynamic efficiencies
 - **Fratzonic Chambered Exhaust:** Industry-first exhaust system for an electric vehicle delivers a performance sound that rivals the SRT Hellcat
 - **eRupt:** Multi-speed transmission with an electro-mechanical shifting experience that's pure Dodge
- Charger Daytona SRT Concept powered by new 800V Banshee propulsion system
- Concept design revolutionizes the look of a BEV while offering subtle nods to Dodge brand's muscle car legacy
- Illuminated Fratzog badges on front grille and taillamp symbolize electrified future of Dodge while also signifying the brand's commitment to its performance heritage
- Vertical exterior grille details add texture while evoking style of iconic 1968 Dodge Charger

- Concept's interior is modern, lightweight and provides a signature Dodge driver-centric cockpit
- Interior parametric texture, also inspired by 1968 Charger grille detail, unites interior elements while providing connection to the exterior
- Center console includes a unique jet-fighter-inspired cap that flips up to allow engagement of the start button and a pistol-grip shifter design inspired by the past, but with a modern execution
- Panoramic glass roof gives an open-air feel, helping to include rear passengers in the vehicle experience
- Rear hatch and fold-flat rear seats provide unmatched storage capacity for a muscle car
- Cockpit immerses the driver's sensory experience through performance sounds, lighting features and vehicle displays
- With a touch of a steering wheel button the driver can engage Auto, Sport, Track and Drag modes, instantly changing the driving dynamics, display graphics, sound and interior lighting, enhancing the driver experience
- For complete information on Dodge and the brand's Never Lift plan, which provides a 24-month road map to Dodge's performance future, visit [Dodge.com](https://www.dodge.com) and [DodgeGarage.com](https://www.dodgegarage.com)

By: Guillermo Fernández de Ateca Barber.



The Dodge Charger Daytona SRT Concept muscles aside the boring BEV paradigm and replaces it with an electrified vehicle unlike any on the road today. A new propulsion system drives the Charger Daytona SRT Concept with performance that exceeds the Dodge brand's famed SRT Hellcat engine, accompanied by an industry-first BEV exhaust sound.

The concept's modern exterior styling incorporates subtle Dodge heritage cues while also exceeding aerodynamic targets. Interior design elements connect to create a driver-centric, immersive experience through sounds, displays and lighting features that change inside and out at the push of a button.



Brotherhood, Meet Banshee

Dodge has built a unique reputation as America's muscle car brand. In the race to be faster, quicker and more powerful, Dodge is turning the page to a new chapter. The brand's first-ever electric car isn't called the Dodge Charger Daytona SRT Concept by coincidence — like the famed Charger Daytona model that was the first vehicle to break 200 mph on a NASCAR track in 1970, the Charger Daytona SRT Concept packs a performance punch.

It does so courtesy of a new propulsion system that joins high-horsepower household names such as HEMI®, Hellcat and Redeye. There's a new pinnacle of performance in the Brotherhood of Muscle: Banshee.

The 800V Banshee propulsion system powers the Dodge Charger Daytona SRT Concept car and screams performance, making Dodge's first electric vehicle faster than a Hellcat in all key performance measures. The standard all-wheel-drive system is key to pushing beyond Hellcat performance while also improving all-weather capability.



By: Guillermo Fernández de Ateca Barber.





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Introducing Our Dynamic Duo to the CostaSpine Family!

We are thrilled to welcome two extraordinary practitioners to the CostaSpine family, Lukasz Strzelczyk and Katrine Karei Waaland Fjeldså!


Lukasz Strzelczyk is an experienced Chiropractor with a passion for optimal biomechanical function and injury prevention. With expertise in sports medicine and a holistic approach to patient care, he goes beyond just treating symptoms to provide comprehensive healing.




Joining Lukasz is Katrine Karei Waaland Fjeldså, a fitness enthusiast turned Massage Therapist. Her personal journey with massage's healing powers ignited her passion for the practice. She now believes that unlocking your body's full potential is the key to achieving your best self, both physically and mentally.

Together, they form a power-packed team dedicated to improving your overall health and well-being. If you're ready to embark on a wellness journey like no other, join the CostaSpine family and experience the magic of Lukasz and Katrine's expert touch. Your body will thank you for it! Contact us for a consultation and take the first step towards a healthier, happier you. See you soon!



 [costaspine_marbella](https://www.instagram.com/costaspine_marbella)

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Couple's evening

Jennifer Lawrence and her husband enjoyed a chill night in L.A.



Conscious star

Billie Eilish was praised by the internet when she was spotted flying economy.



Stellar comeback

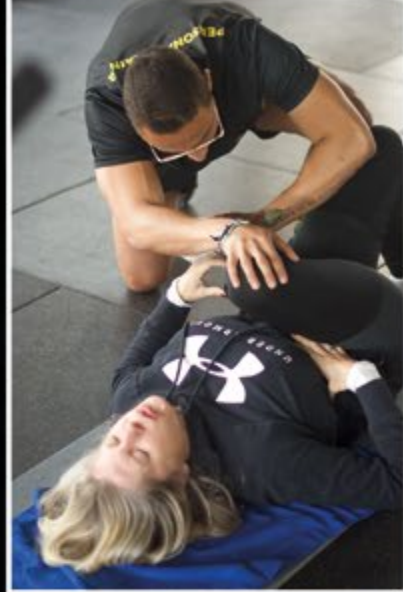
Selena Gomez released a brand-new song, titled "Single Soon," was released, and fans adore it! She not only released the single, but she also released a music video for it. She thanked fans with the following message: "Thank you guys for all the love on Single Soon!!! It's a playful anthem about being comfortable in your own skin"



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Nutrition for Fat Loss: Measuring Progress in a Sustainable and Balanced Plan

The journey towards fat loss isn't about extreme deprivations or exhausting exercises. It's about a balanced and sustainable approach that combines intelligent nutrition with appropriate physical activity. In this article, I will guide you through the importance of nutrition in a fat loss plan and how to realistically measure your progress.



Nutritional Quality: Prioritize nutrient-rich foods like fruits, vegetables, lean proteins, and healthy fats. Avoid extreme diets and aim for a balance that you can maintain long-term.

Increase Your Protein Intake: You should consume between 1.5-2.2 grams of protein per kilogram of body weight. For example, if you weigh 80kg and your exercise requirements call for 2 grams of protein, you should aim for around 160 grams of protein.

Portion Control: It's not just about what you eat but how much. Learn to read your body's hunger and fullness signals to avoid overeating.
Realistic Tracking: Don't fixate on the scale. Consider measuring your progress through photos, body measurements, and how you feel overall.

Exercise to Optimize Fat Loss

Interval Training: Incorporate high-intensity workouts to elevate your heart rate and burn calories even after exercise.

Resistance Training: Don't underestimate the power of muscles. Strength training keeps your metabolism active and helps preserve muscle mass while losing fat.

Successful fat loss is about embracing a holistic approach. Combine mindful eating with strategic exercises for sustainable results. Remember, it's about building healthy habits that accompany you on your journey to a fitter body and a more active life. Keep in mind that haste isn't a good companion on this journey; instead, focus on the long term and create a plan that you can stick to day by day.



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October

October is many different things. Sometimes it is that feeling of sadness, demotivation when resuming the activities of our daily lives. Other times, it is the feeling of a new beginning, new opportunities and that refreshing “fresh start”.

We invite you to keep the latter, and leave aside the famous post-holiday apathy.

Make your return more pleasant, having exciting plans for your surroundings, and being aware of whether you can improve some elements of your home because, if you learn something on holiday, it is that sometimes the best thing about leaving is coming back. That there is nothing like your own home, your bed, your sofa and your space, and that it is a good time to analyze what you have around you.

Today, we take a look at those little things that can make big changes to the comforts of your home.

The bedding

The bed is the focal point of a bedroom and the most important element without a doubt. A well-dressed bed will give life and warmth to the bedroom decoration that we need so much.

It is a reality that for most people it is difficult to know how to dress a bed, besides the fact that it is a, materials... complex world with different sizes, fabrics and sometimes it is overwhelming. Besides, we tell you a secret: there is no right way to do it.

As interior designers, we adapt totally to the client's needs, to choose what is most functional without compromising aesthetics.

One way we resort to a lot is to choose white bed linen and choose more vibrant colours for the decorative cushions. This way, the white bed looks very clean and the cushions and throw at the end of the bed become a focal point of the room.



Bed in the master bedroom of one of our recent projects in Quercus, La Quinta.



Private Residential Project in Nagüeles designed by Lord Designs.



A young client's bedroom in our recently completed project in Cortijo Blanco.



Bed in the Master Bedroom, a project by Lord Designs in Único Benahavis.

Sofa

At this time of resetting, it is an ideal moment to also check if your sofa needs to be renewed.

If it does, look for an option that adapts as much as possible to the space and your needs, looking for fabrics and shapes that are functional, beautiful, comfortable, and easy to clean.

If you don't want or need to change your sofa, a great option is to give decorative cushions a makeover. Perhaps opt for more autumnal colours, and make use of rattan baskets with soft blankets, which make the atmosphere just that little bit cozier.



Kitchen area

After so many excesses, it's a great time to opt for healthier habits, and to have everything you need to make those recipes you've been wanting to make for a long time.

We love Smeg appliances, because as well as doing their job, they have that retro look that suits every single kitchen.



Organisation

In October the temperature has not yet changed significantly, but it is starting to be the ideal time to take out more mid-season clothes and remove those that are too summery.

In addition, it is advisable to take advantage of the change of temperature to get rid of many clothes to lighten the contents of your wardrobe. This usually helps us to have more peace of mind, we know that what we have is useful and we like it.

Children's room

Children are now settling back into school, after a long summer, so it's time to make this change as enjoyable as we can for them.

Nowadays there is a wider range of organizational accessories that will make our lives easier.

In addition, a playful and functional desk and a comfortable chair is a must.

We love this cute corner that we designed at Unico, Benahavis, full of personality and youth!



Terraces

We also think it is a great idea to prepare your terrace for autumn, so that you can make the most of it in this season as well.

You can install enclosures, fireplaces, or outdoor kitchens, as well as the use of blankets & decorative cushions.

What about you? Are you one of those who dive into the post-holiday blues, or do you take the attitude of new beginnings and renewal?

We'd love to help you with your Interior Design project, no matter how big or small.



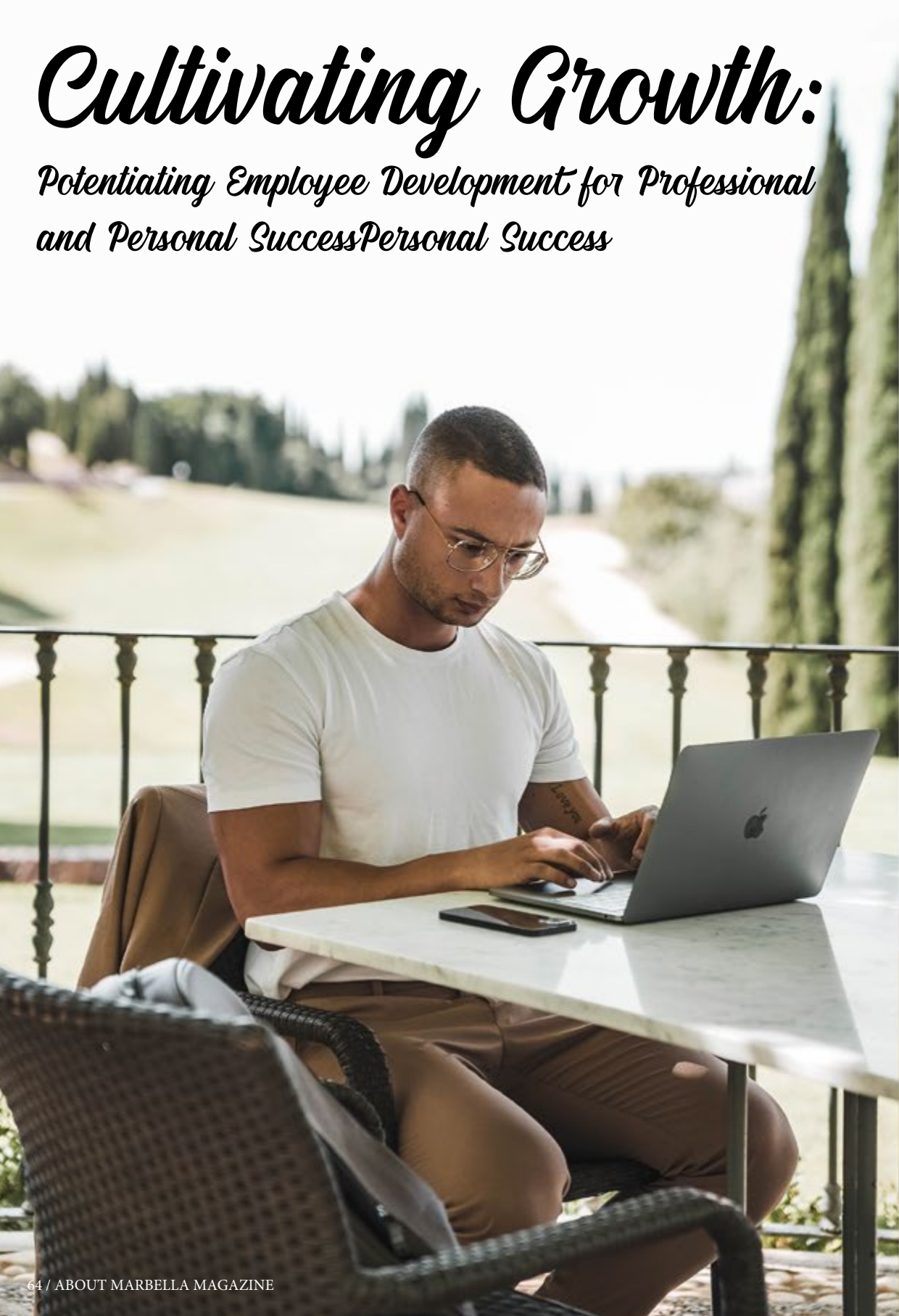
Exterior table decorated by Lord Designs, at Cortijo Blanco.

www.lorddesigns.com f Lord Designs Interiors

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Cultivating Growth:

Potentiating Employee Development for Professional and Personal Success



In the dynamic world of business, nurturing employee growth is not just an investment in the organization but also in the individuals who propel it forward. The concept of fostering personal and professional development has evolved into a cornerstone for modern success. In this article, we delve into the significance of creating comprehensive growth programs that empower employees to expand their skills, unleashing their full potential across both their professional and personal spheres.

The Power of Comprehensive Growth Programs

Comprehensive growth programs, tailored to employees' needs, are catalysts for holistic advancement. Such initiatives not only enrich professional expertise but also foster personal growth, resulting in well-rounded individuals who excel in various aspects of life. These programs encompass training, mentorship, workshops, and more, facilitating a continuous learning journey.

Balancing Professional and Personal Advancement

Today's employees seek an equilibrium between career and personal development. Companies that recognize and facilitate this dual aspiration stand out as progressive employers. Offering flexible work arrangements, promoting work-life balance, and supporting self-care initiatives not only improve job satisfaction but also drive higher commitment and productivity.

As we navigate an era of constant change, the importance of fostering growth within employees cannot be overstated. By embracing and empowering their multifaceted development, companies not only secure a competent workforce but also create a thriving, innovative culture. Let us remember that investing in growth is investing in the future both of the organization and the individuals who fuel its success.



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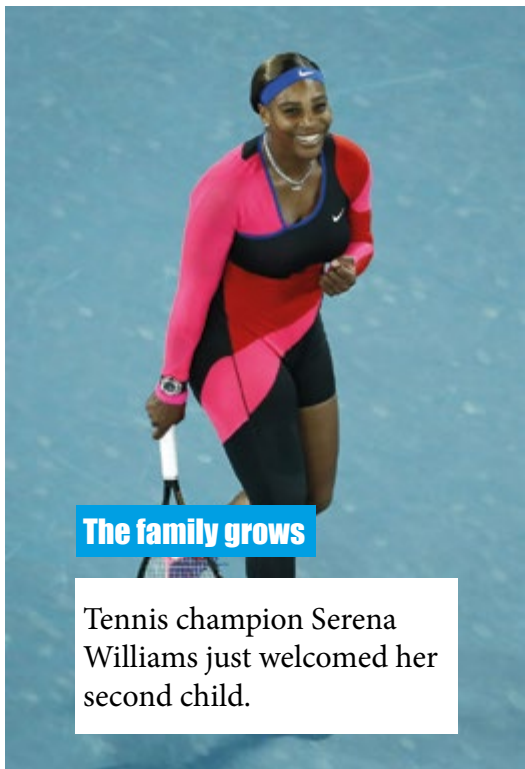
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The family grows

Tennis champion Serena Williams just welcomed her second child.



High impact

Kendall Jenner is a vision at the latest Stella McCartney campaign.



Fun plans

Justin and Hailey Bieber had fun on a couple's night out in L.A.



Keeping in shape

Actress Jennifer Garner is superfit while an outdoors training at the beach.



New ink

Recently, Angelina Jolie got a new tattoo, another to add to her collection. The Oscar-winning actress got new ink on the inside of her middle fingers by Mr. K at Bang studios in New York City. This creation consists of two geometrical minimal daggers.



Shocking breakup

Sam Asghari is pushing ahead in his split from Britney Spears, and as per new reports, has already filed for divorce. The couple, who have been married for less than a year, announced their breakup just hours earlier that announcement. According to sources, Sam has filed for a divorce from the pop star following major differences in both their character, which led to the split.

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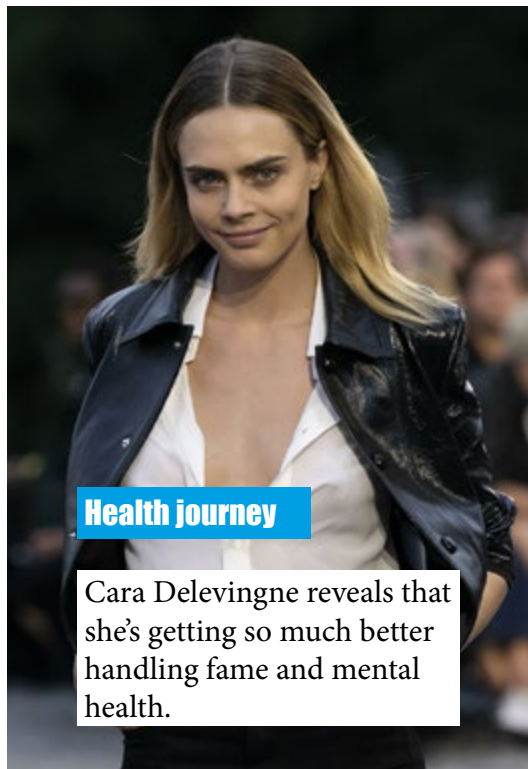
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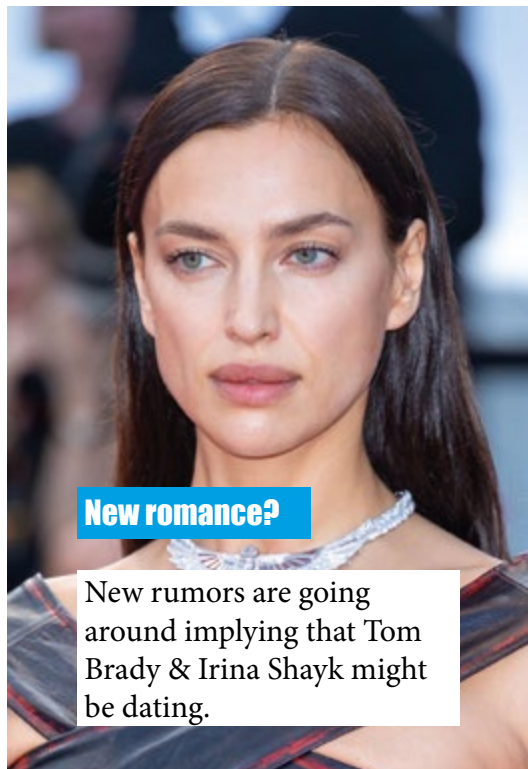


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Health journey

Cara Delevingne reveals that she's getting so much better handling fame and mental health.



New romance?

New rumors are going around implying that Tom Brady & Irina Shayk might be dating.



Back to the runway

Super model Bella Hadid celebrated being 10 months completely sober.



Minimal look

Jennifer Lopez was sporty chic while on a stroll in NYC.



Sketchy timings

Ariana Grande and Ethan Slater, who met on the set of Wicked, where they play Glinda and Boq, are dating. The two of them as of late parted from their companions - Dalton Gomez and Lilly Jay. In May 2021, Ariana and Dalton tied the knot; in November 2022, Ethan and his wife had celebrated four years of marriage. Their son was born in August of 2022.

New Canadian release

Carly Rae Jepsen just released her latest album, 'The Loveliest Time', that serves as a side B to her previous project. "The explanation I love to put out B-sides is to investigate a greater amount of the sonic and topical world I possessed while composing the collection. Yet, for the most part it is a purposeful venture from me straightforwardly to the fans".



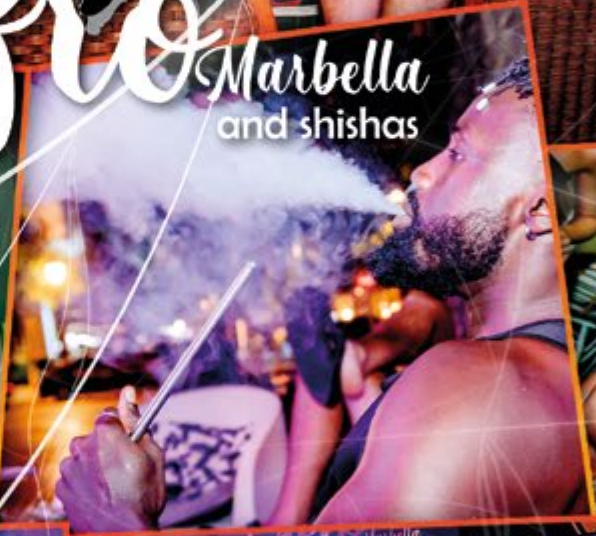


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After 8 years

Beyoncé's mother, Tina Knowles just filed for divorce.



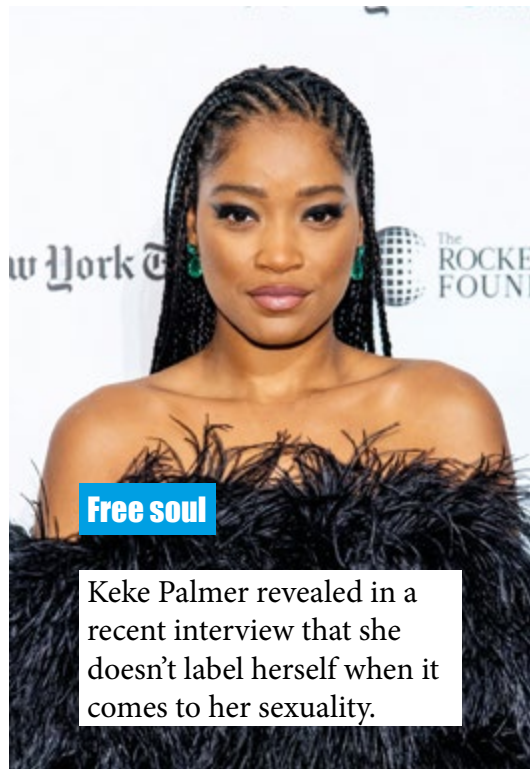
Risky set

While filming for the Beetlejuice sequel, two props have been stolen by external people.



Having fun in L.A.

Lily-Rose Depp enjoys a night out with her girlfriend 070 Shake.



Free soul

Keke Palmer revealed in a recent interview that she doesn't label herself when it comes to her sexuality.



Back to our screens

Only Murders in The Building just came back with its third season following the success of the previous one. While the main cast remains intact, there have been a few actors who have dropped out of the project; while some important additions, like Meryl Streep have taken place.



Non-stop family

Season 4 of The Kardashians will premiere exclusively on Hulu on September 28 and will feature new episodes every Thursday. The initial three seasons are accessible to stream now on Hulu. In the middle of family drama, Kris Jenner, Kourtney Kardashian Barker, Kim Kardashian, Khloé Kardashian, Kendall Jenner, and Kylie Jenner will all be returning.

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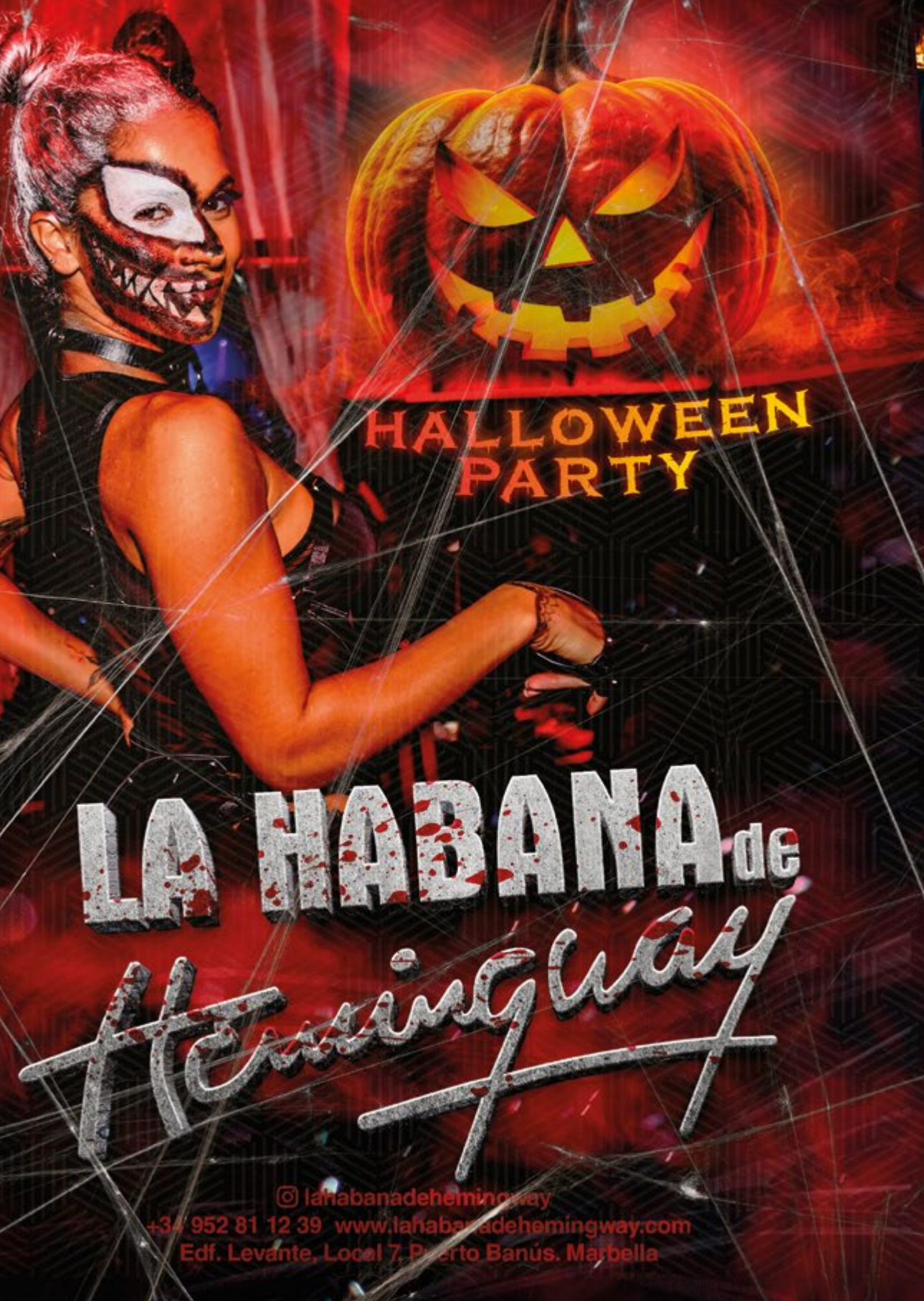
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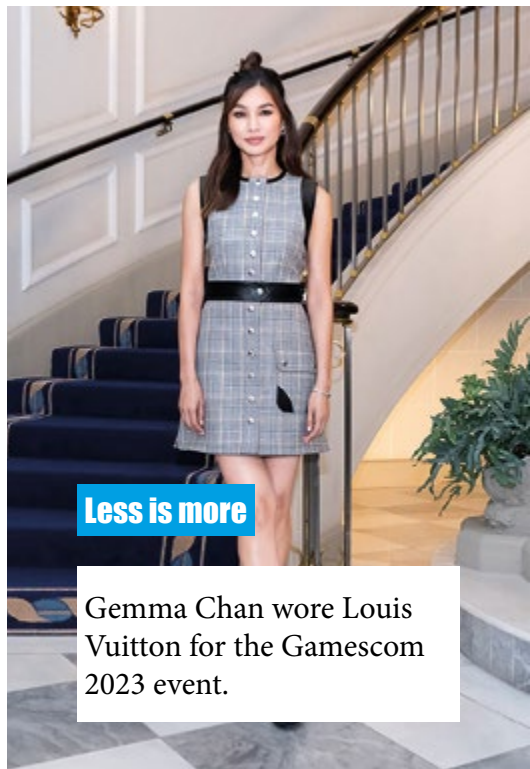
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Less is more

Gemma Chan wore Louis Vuitton for the Gamescom 2023 event.



A celebration

Beyoncé celebrated her 42th birthday enjoying her Renaissance tour with fans.



World tour

The Jonas Brothers just announced more than 50 stops for their upcoming tour.



Aesthetic journey

Kylie Jenner admitted to having breast implants when she was 19 years old.

Maturing while touring

In a new interview with Vogue France, singer Dua Lipa opened up regarding personal topics. The pop star, who is 28 years old, talked about a time when she was teased about her weight and the pressure of the industry. She also talked about having kids and how her view on parenthood has changed lately, but how her hectic schedule makes it difficult.



Parting ways

Artists Rosalía and Rauw Alejandro have split and are finishing their engagement after 2 years together. In August of 2021, the entertainers, who are both 30 years old, were first seen holding hands. In March of 2023, they made the engagement announcement. We last saw them together at Coachella this year and many sources are claiming that the reason for the split was Rauws' infidelity.

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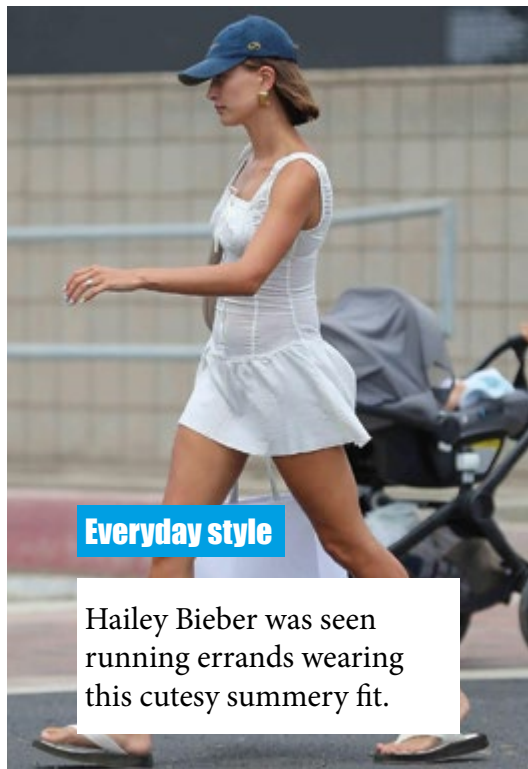
HALLOWEEN PARTY





Total black look

Kim Kardashian opted for an edgy latex look for an evening out in LA.



Everyday style

Hailey Bieber was seen running errands wearing this cutesy summery fit.



Stunning metallics

Emily Blunt looked gorge on the red carpet for the Oppenheimer premiere.



Left the past behind

Megan Fox recently covered up a tattoo she got with her ex-boyfriend years ago.



Happy birthday!

In honor of her 31st birthday, Selena Gomez held a lavish celebration. On her big day, she was joined by a number of celebrities and some of her closest friends. A former collaborator, a pop star, and numerous others were among the guests at her birthday celebration.



Raising children

Actress Sarah Jessica Parker opened up on a recent interview about her children “I think it’s great for children to have their basic needs met; however, they ought to yearn for things and desire personal goals. Additionally, we ought to be interested in their contribution to society and this world.

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