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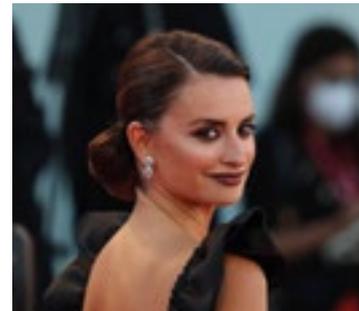
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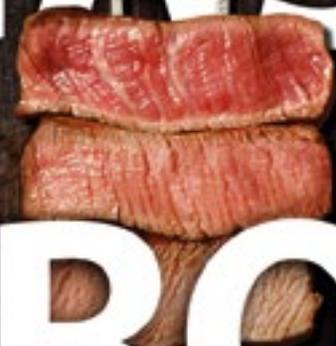
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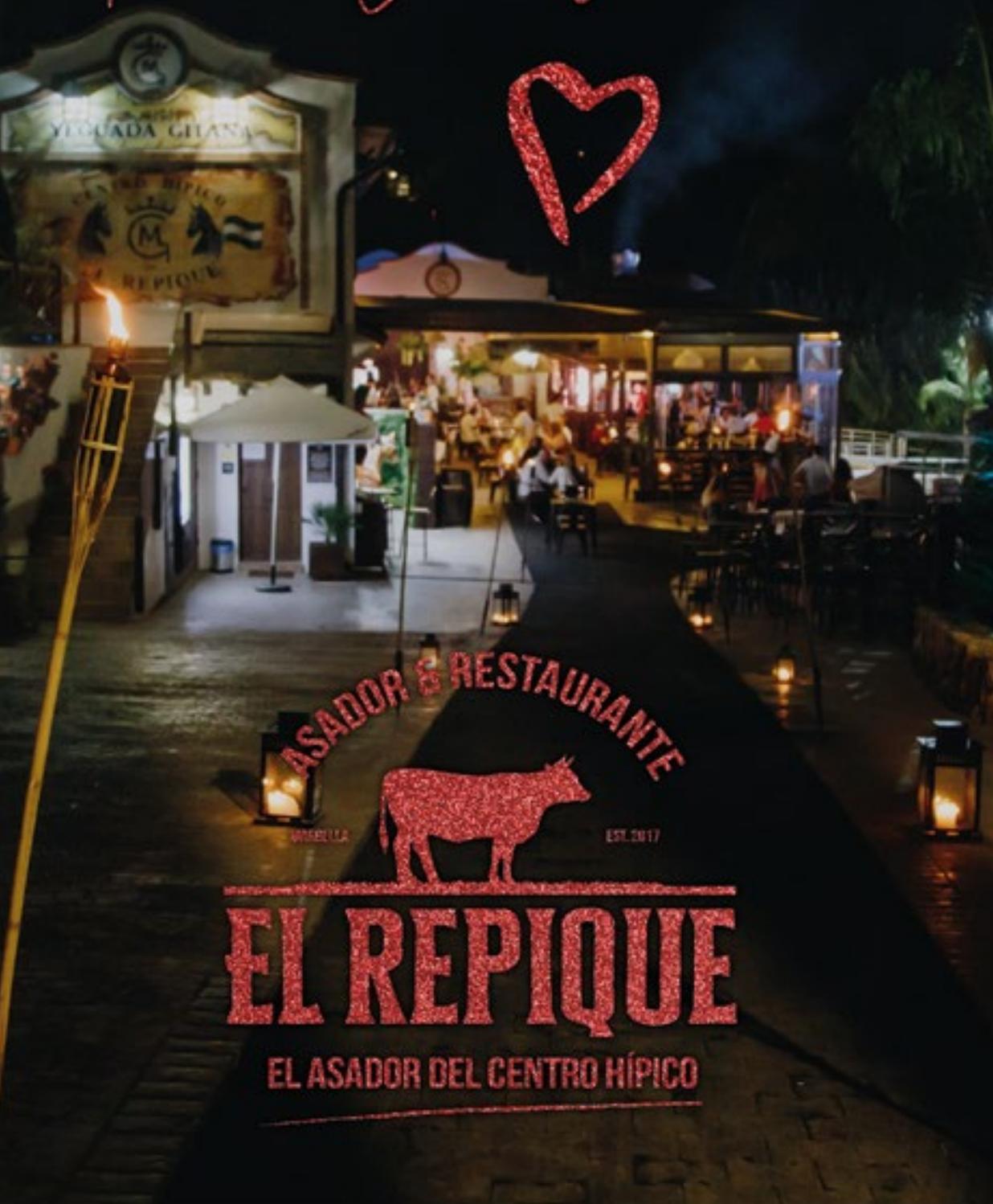
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**Holiday celebration**

Kit Harington jokes about having his birthday the day after Christmas, saying that the occasion usually gets overshadowed.



**Casual look**

Hailey Bieber looked cool rocking a maxi leather jacket for a walk in Beverly Hills, LA.



**Sad times**

Queen Elizabeth delivered her annual Christmas speech like every year, but this time it was more emotional. Not only these times are being hard for the majority of people due to Covid and the economic situation, but the Queen herself has had a difficult year with the loss of her loved ones.



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**Driving around**

Pete Davidson was seen driving Kim Kardashian car to run some errands in LA, proving once again the status of the discrete couple.



**Money moves**

Cardi B celebrated her husband's 30th birthday by gifting him 2 million dollars.



**They are coming back!**

The Kardashian family released their traditional holiday photos where all of them look gorgeous and happy. But the family couldn't leave the holiday season like that and they announced that a new reality show starring all of them will be aired this year through Hulu TV. This will be a follow up to their iconic 'Keeping up with the Kardashians'.

A large advertisement for 'Club de Carne Shelby'. It features a circular logo at the top with the text 'CLUB DE CARNE' and 'SHELBY' in a distressed font. Below the logo, there are several skewers of grilled Argentinean meat, including ribs and pork. The background is dark with some smoke or steam effects.

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**LATIN FOOD**



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**Some time off**

Singer Camila Cabello decided to take a break from social media following her recent breakup with Shawn Mendez.



**Family time**

Matt Bomer & Simon Halls shared a rare family picture with their children during the holidays.

**That's how you make an entrance!**

Canadian actress Carrie-Anne Moss showed up to the premiere of the latest Matrix movie 'The Matrix 4' where she plays the lead role alongside Keanu Reeves. For this event that took place in San Francisco, California, she chose a stunning gown that was made personally for her and for this occasion. The Oscar de la Renta dress is made of black flowy material embellished with hand sewn sequins that create the iconic 'Matrix' pattern at the bottom of the long skirt. None of these green and silver details are casual, to the point that they even write messages linked to the movie or spell the actual designer name and surname. What a beautiful homage to the franchise.



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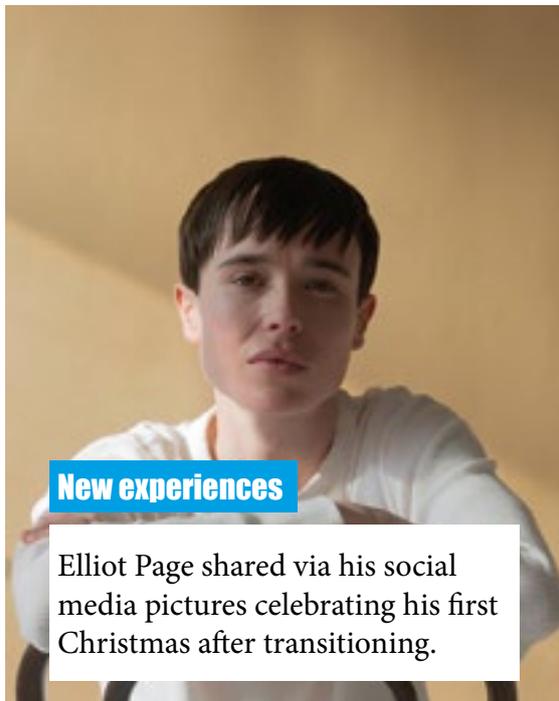
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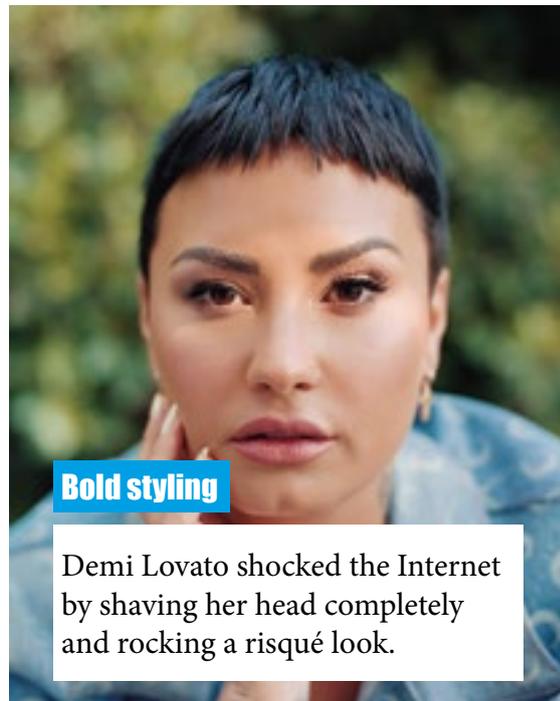
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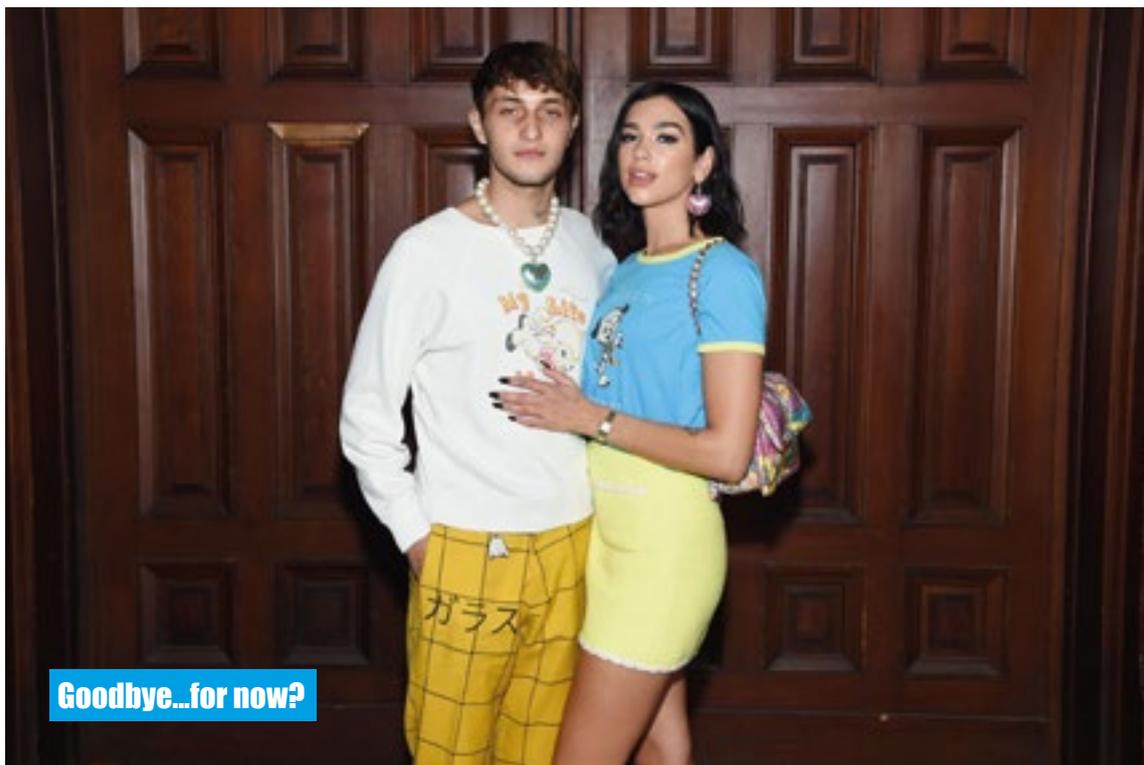
**New experiences**

Elliot Page shared via his social media pictures celebrating his first Christmas after transitioning.



**Bold styling**

Demi Lovato shocked the Internet by shaving her head completely and rocking a risqué look.



**Goodbye...for now?**

Singer Dua Lipa and model Anwar Hadid have broken up after two years of dating. The now ex-couple was rarely seen together lately, which led to rumors that have been confirmed. This split might not be the end of the two, existing the possibility that this situation is a temporal break up to have some personal space.



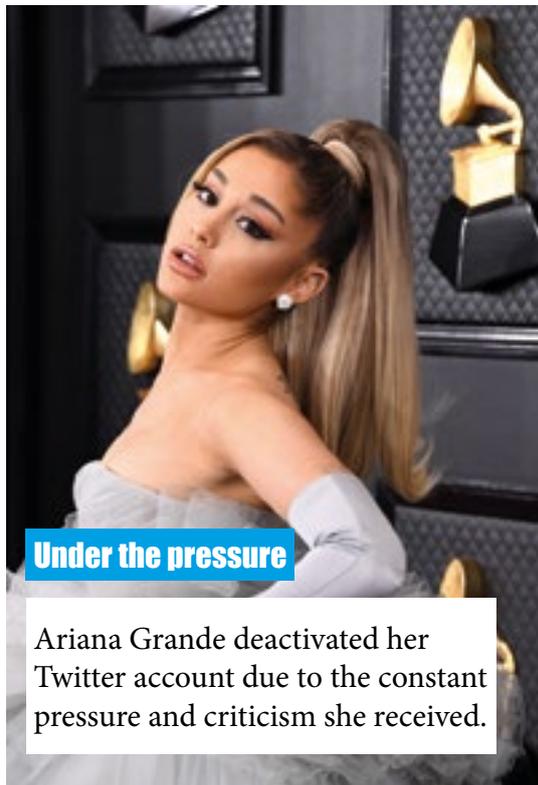
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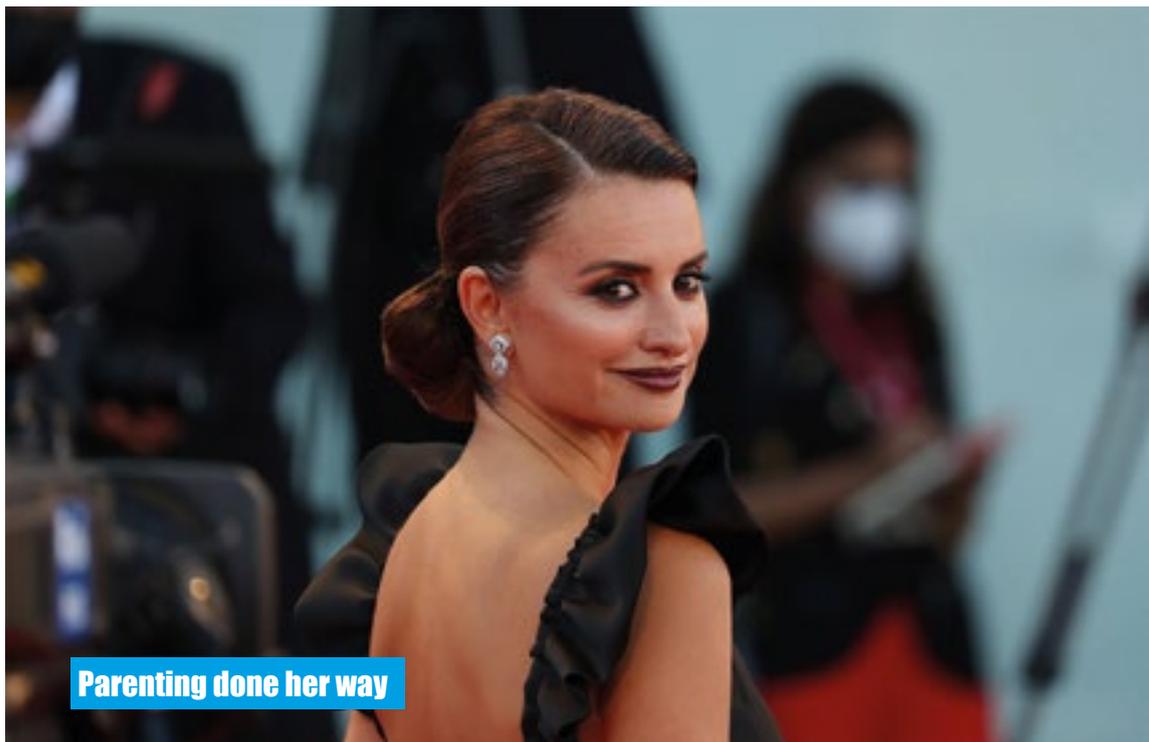
### New place for the lovebirds

Celebrity couple Jonathan Scott and Zoey Deschanel have just purchased their first house together.



### Under the pressure

Ariana Grande deactivated her Twitter account due to the constant pressure and criticism she received.



### Parenting done her way

Actress Penélope Cruz was recently interviewed about her family and she revealed that her children are not allowed to have social media yet. She continued explaining that the Internet is becoming a really aggressive place for teens to grow up, and that online bullying, hate or criticism could have an awful effect on their mental health.

# LA CLANDESTINA

## FOOD DRINKS

A large, illuminated marquee sign spelling out the word 'LOVE' in gold letters with white lights around the edges. The sign is set against a dark red, textured background. Several small, tilted photographs are scattered around the sign, showing celebrities and food/drink items. The photos include: two women smiling together, a couple sitting at a table, a couple posing together, and a person holding a drink.

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# FABULOUS february

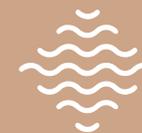
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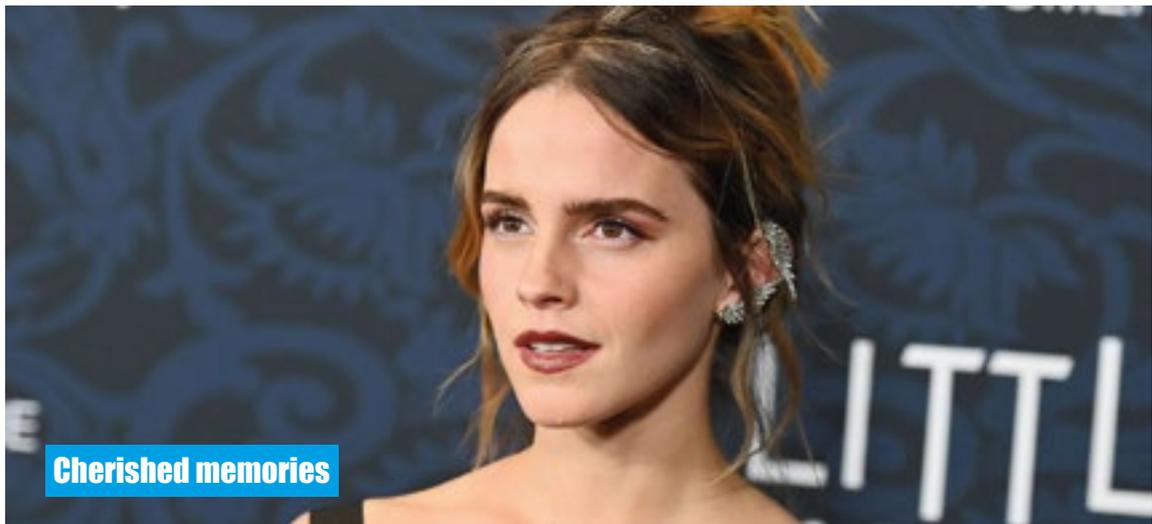
**Not for everyone**

Amy Schumer has admitted that she tried getting fillers but got them dissolved right after the procedure.



**Back together**

Model Winnie Harlow & basketball player Kyle Kuzma are reportedly back together after their split months ago.



**Cherished memories**

Just like a New Years' gift, the HBO special 'Harry Potter 20th Anniversary: Return to Hogwarts' was released on the platform on the first of this month. Many actors of the priginal cast were reunited and talked about many topic that the fans of the saga will find interesting. Emma Watson, who played Hermione in the movies, recalls helping Daniel Radcliffe with her love life, just like a motivational coach who gave dating tips. She admitted that they would do this both ways and it proves how beautiful their friendship was (and still is).

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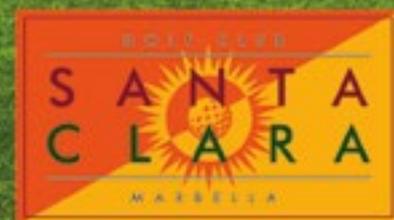
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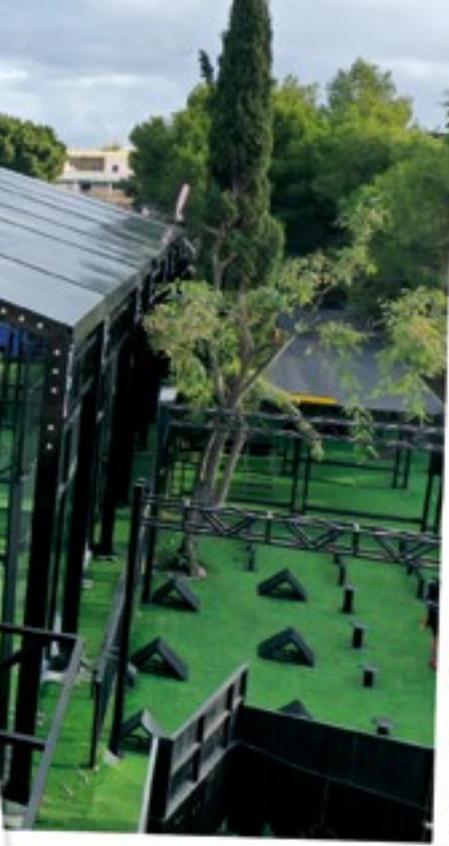
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**Happy couple**

Mariah Carey and her new boyfriend Brian Tanaka were spotted spending time together in Aspen, Colorado.



**Evolving skills**

Michael B. Jordan revealed that portraying and connecting to roles in romantic movies represent an extra difficulty for him.



**A new record for Marvel**

The latest Marvel movie 'Spider-Man: No Way Home', which is packed with A-list celebrities such as Tom Holland or Zendaya, has made history becoming the first movie that reached the \$1 billion dollar mark in revenues after less than two weeks from the premiere.

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# Volea de revés - Tips fundamentales

Hola de nuevo a todos los fanáticos del pádel desde nuestro rincón en About Marbella. Desde Prodigy Land os traemos una nueva entrega de consejos técnicos, y en esta ocasión hablaremos sobre los aspectos más importantes de la volea de revés.

Comencemos con este golpe que se realiza en zona de ataque, aunque entendamos que en la mayoría de las veces es constructivo. Muchas veces observamos a jugadores que apuran mucho este golpe para ganar y cometen multitud de errores no forzados. Esto es lo primero que debemos aprender.

En lo que a la técnica del golpe se refiere, vamos por pasos y en este orden:

- Empuñadura continental
- Peso en punta de pies
- Semi flexión de piernas
- Pala a la altura del pecho en vertical
- Brazos semi flexionados y un palmo separados del tronco
- Cabeza mirando al frente

Con esta postura de espera debemos pasar a la fase de preparación del golpe en este orden (no hablaremos de efectos, esta ejecución será para una volea donde predomina el efecto plano).



- Giramos pala y cadera hacia el lado del golpe la pala no debe sobrepasar el hombro trasero.
- Fase de avance, impacto y terminación.
- Avanzamos de manera descendente la pala hasta el impacto delante del cuerpo.
- Terminamos pala delante del cuerpo y extendemos el brazo no hábil hacia atrás (ni giros de antebrazo o rotaciones de muñecas)

Siguiendo estas directrices conseguiremos tener una volea limpia, sin opción a lesiones y dirigida donde realmente nos pida cada jugada del partido.

Pues bien amigos, esperamos que os hayan valido nuestros consejos y os esperamos en nuestro canal de YouTube, Prodigy Land, donde encontraréis todos los vídeos cortos donde en menos de 5 minutos repasamos técnica y errores más comunes de los golpes de pádel.

Seguimos adelante y os esperamos en la siguiente entrega de esta maravillosa revista

Como siempre, esperamos que os hayan ayudado un poco más estos pequeños consejos para la mejora de vuestros golpes y así podáis disfrutar en pista más aún de este maravilloso deporte.

*Santiago Moreno Pardo*

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# ¿Como ser un golfista más rápido?

El juego lento se está convirtiendo en uno de los mayores peligros que tiene el golf en la actualidad, cuanto más se habla del crecimiento del número de golfistas a nivel mundial, vemos que los jugadores que llevan años jugando se hastían y abandonan el golf debido al juego lento, una roda de golf se debe jugar entre 3 horas y 30 min y 4 horas y no debería demorar 5 horas como estamos viendo últimamente e incluso rondas en campeonatos cercanas a las 6 horas.

Desde aquí queremos darte unos consejos para tardar menos tiempo en jugar sin tener que correr a por tu bola o jugar de forma alocada.

Deja la funda de tu driver sin poner, una vez desenfundes el perro grande no lo vuelvas a tapar hasta terminar la vuelta.

Debes estar preparado para jugar desde el tee cuando sea tu turno, decide tu palo, bola, tee mientras juegan los otros jugadores de tu partido.

3Acorta tu rutina pregolpe, no hagas más swings de practicas de los que necesitas, uno o dos deberían ser suficientes, el resto guárdalos para el campo de prácticas.

Mira la bola de tus compañeros de partido, será más fácil encontrar las bolas y no perder tiempo elucubrando sobre la posición de la bola.

Si tienes dudas juega una bola provisional, para no tener que volver al tee y jugar otra bola.

Mientras tus compañeros de partido juegan ves midiendo las distancias y tomando las decisiones de palo y tipo de golpe que quieres jugar.

Si juegas en tu club no pierdas tiempo midiendo las distancias, ya sabes que palo coger, sobre todo en los pares 3.

Deja tu carro / buggy de camino al siguiente tee, nunca lo dejes en un sitio donde que te haga volver hacia atrás.

En los greens aprovecha el turno del resto de jugadores de tu partido para mirar la línea y la pendiente del green y sin molestar ves haciendo tu rutina pregolpe.

No marques los putts de menos de 50 cms, simplemente embócalos.

No rellenes tu tarjeta antes de salir del green, deberías anotar tus resultados cuando estés en el siguiente tee antes o después de jugar tu siguiente golpe.

Una vez emboques tu último putt en el green del 18, sal del green y firma tu tarjeta y recoge tus cosas lejos del green para que el siguiente partido pueda terminar.

  
VILLA PADIERNA  
GOLF CLUB

*Jimmy Martin de la academia de golf de Villapadierna*

# TRABAJAMOS LA SALUD EN NUESTROS HOMBROS

## WE WORK ON HEALTH ON OUR SHOULDERS

**1.** Con una banda elástica de muy poca resistencia ya que queremos trabajar nuestro manguito rotador y no el deltoides realizaremos isométricas de entre 30" y 40" con la mano contraria en nuestro costado para mantener una presión del codo hacia dentro y mano hacia fuera del brazo que queremos trabajar. Realízalo 4/5 veces por cada lado.

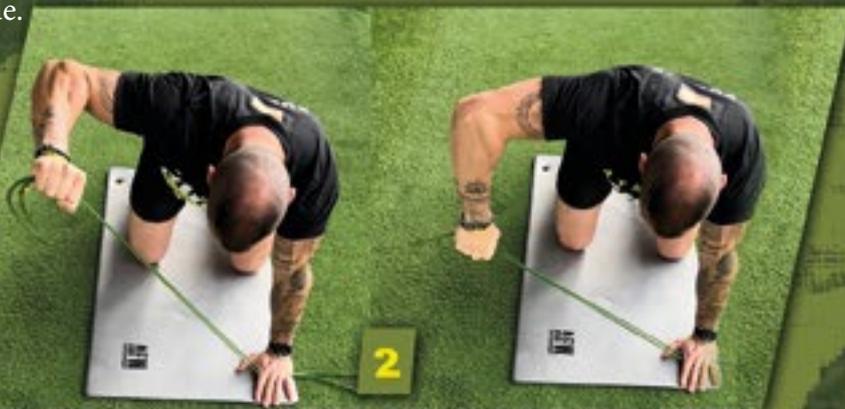


1

**1.** With an elastic band of very little resistance, since we want to work our rotary cuff and not the deltoid, we will perform isometrics of between 30" and 40" with the opposite hand on our side to maintain pressure from the elbow inwards and the hand outwards. arm we want to work on. Do it 4/5 times on each side.

**2.** Con la misma banda elástica (devil) nos colocamos en posición de cuadrúpedos y comemos la banda con ambas manos sin mucha tensión, el objetivo es mover el brazo con 90° en nuestro codo de arriba hacia abajo tal y como muestra la imagen. Realiza 4/5 series de 12/15 repeticiones por cada lado.

**2.** With the same elastic band (devil) we place ourselves in a quadruped position and eat the band with both hands without much tension, the objective is to move the arm with 90° on our elbow from top to bottom as shown in the image. Perform 4/5 sets of 12/15 reps on each side.



2

**3.** Seguimos con la banda, ahora te tumbará totalmente en el suelo boca abajo, cogerás la banda con ambas manos y realizarás unos press manteniendo siempre tensión en la banda hacia fuera, las escapulas fuertes abajo y la cabeza recta. No te preocupes si no logras llevar la banda por detrás de tu cabeza como muestra la imagen y céntrate en el movimiento, poco a poco lo lograrás. Realiza 4/5 series de 12/15 repeticiones.



3

**3.** We continue with the band, now you will lie completely on the floor face down, you will take the band with both hands and you will perform a press always keeping tension on the band outwards, the scapulae strong down and your head straight. Do not worry if you can not wear the band behind your head as the image shows and focus on the movement, little by little you will achieve it. Perform 4/5 sets of 12/15 reps.

**4.** Puede ser el más difícil y doloroso, tumbado busca juntar tus manos en la espalda, ahora en una escala del 1 al 10 quédate con el 7 ya que ese será el nivel de dolor que debes soportar (importante no más), de ahí con tus codos pegados al suelo súbelos suave unas 10/12 veces manteniendo las manos detrás de la espalda y repite 3 series.

**4.** It can be the most difficult and painful, lying down, try to join your hands behind your back, now on a scale of 1 to 10, stay with 7 since that will be the level of pain that you must endure (important no more), hence With your elbows close to the ground, gently raise them 10/12 times keeping your hands behind your back and repeat 3 sets.



4

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f Alvaro Puerma Martínez

# OUR FAVOURITE PLACE TO BE DREAMING IN COLOURS

Reflecting on 2021, here at Lord Designs we insist that New Year's resolutions should be full of COLOUR! It is time to reflect on your behaviour from the past year and promise to make positive changes in your life.

Nothing can lift our mood and gives us a push to move forward than feeling comfortable and joyful in our home.

One resource which can help us to do that is know how to apply colour and the influence that has on us. Knowing the right way to use colours can create different atmospheres to enjoy everyday life to the maximum.

## TIME FOR REFLECTION:

Neutral tones make a place calm by allowing the space to flow smoothly so we can relax.

Traditionally, colours that are considered neutral are: White / Black / Grey / Beige / Brown / Khaki / Ivory: Those that contain low intensity and saturation and bring elegance and a timeless feeling to any room. They can make a space look bigger and combined with each other or with other shades fits perfectly with any style.



PROJECT IN EL SOTO DE LA RESINERA,  
DESIGNED BY LORD DESIGNS INTERIORS.



Cool neutral shades give a more modern vibe and depending on their tonality, can project a sense of tranquillity and calm.

PROJECT IN EL SOTO DE LA RESINERA, DESIGNED BY LORD DESIGNS INTERIORS.



PROJECT AZURE VILLAS, DESIGNED BY LORD DESIGNS INTERIORS.



PROJECT "SHOW HOUSE"  
DESIGNED BY LORD DESIGNS INTERIORS.





Warm neutral shades make any room cosy. Choosing different textures will enrich the quality and the feeling of the space.

LORD DESIGNS INTERIORS PROJECT DOMINION BEACH



PROJECT IN LOS ARCOS DE LA FRONTERA, DESIGNED BY LORD DESIGNS INTERIORS

When we want to lift any room with that “pop” of joy, just pick a tone that represent your personality.



**THINKING POSITIVE:** Adding more intense and fresher shades or either warm or pale tones, brings sparks of joy to our thoughts. More intense colours evoke freshness, depth, and renewal. They are great for areas of the home that are small or that they need just a twist. They have a stimulating effect. They are vital, happy and gives the space that much needed “POP.”



PROJECT BY LORD DESIGNS INTERIORS

Pale tones give that subtle hint of colour blending perfectly well with other shades.



PROJECT SEÑORIO DE MARBELLA DESIGNED BY LORD DESIGNS INTERIORS

PROJECT LAS CAÑAS BEACH,  
DESIGNED BY LORD DESIGNS INTERIORS



PROJECT LAS CAÑAS BEACH,  
DESIGNED BY LORD DESIGNS INTERIORS



PROJECT MIDTOWN, GIBRALTAR, DESIGNED BY LORD DESIGNS INTERIORS

**MAKING PROMISES:** Now let's be a bit more daring. Defining what we want and the way to achieve it, requires taking risks. Sometimes, bright colours can be frightening as well as the unknown, but the result of being fearless brings us more satisfaction than anything else. Vibrant colours are intense and bold, completely eye-catching that bring out the personality of a room.



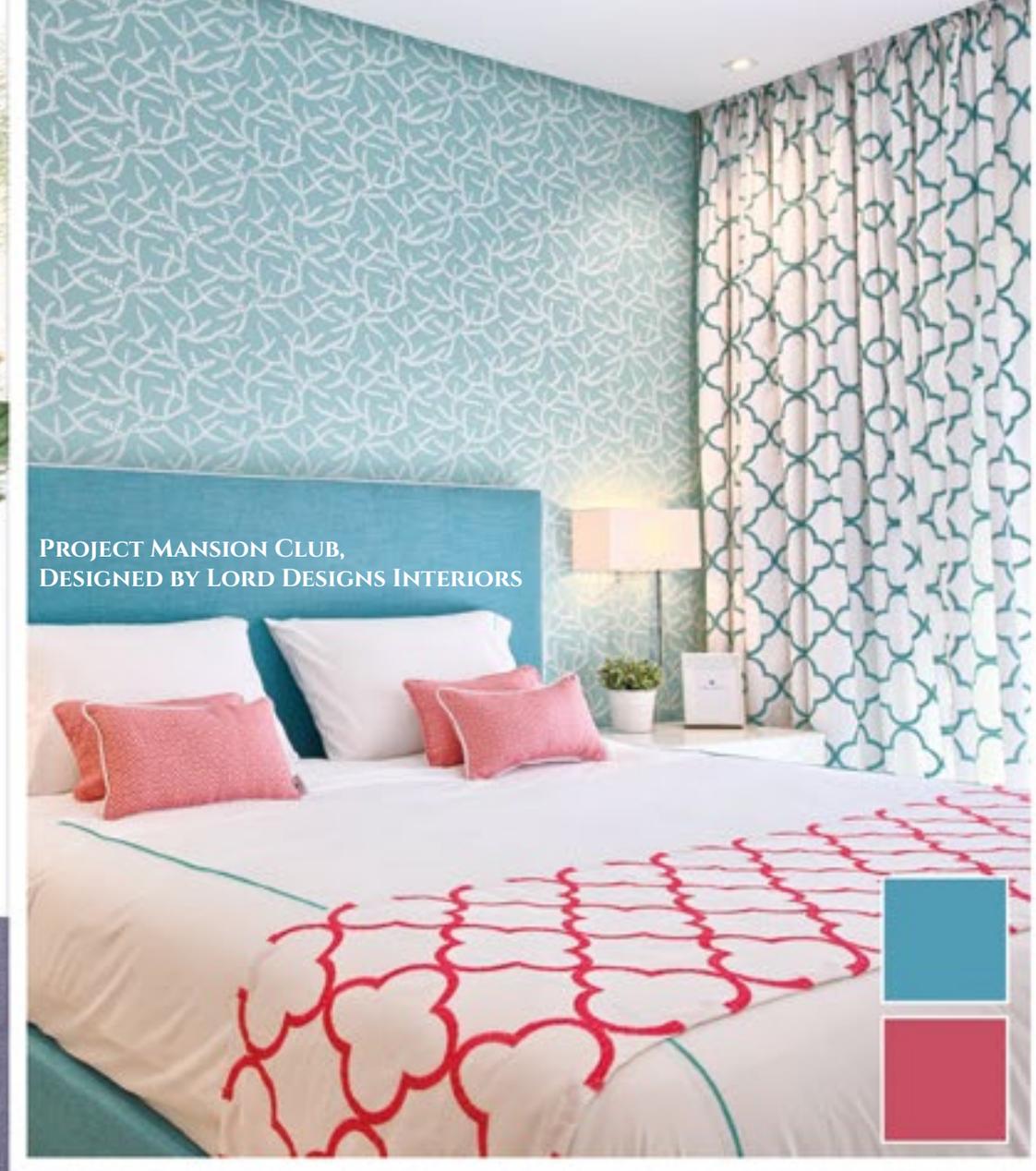
LORD DESIGNS  
INTERIORS  
PROJECT HOTEL CLAUDE

This unforgettable interior stands out for its bold design. We love this emerald green colour, and when mixed with dusty pink - just divine.

A good option when choosing intense colours is to opt for less saturated tones, those that have a hint of black or white in their composition.



PROJECT MANSION CLUB, DESIGNED BY LORD DESIGNS INTERIORS



PROJECT MANSION CLUB,  
DESIGNED BY LORD DESIGNS INTERIORS



THE WAY TO NEW BEGINNINGS: The key is to keep a balance. To be able to identify in which occasions each colour plays a determining role in our state of mind and how we want to feel in our home.

“LORD DESIGNS INTERIORS would like to accompany you in the process with these tips, leading you into a new year full of challenges and COLOUR”

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# BREAST AUGMENTATION CHANGES A LOT MORE THAN JUST THE OBVIOUS



At CostaSpine, we have worked with many women throughout different periods of their breast implant journey. Almost all the women we've worked with who have had breast implants have complained about back pain and almost impossible-to-stop shoulder slouching.

Breast augmentation is the number one surgical procedure for women, outnumbering liposuction, nose reshaping, eyelid surgery and tummy tucks. Many believe that the breast implant is a permanent fixture even though various organizations warn against it. The FDA in the US explains that the longer you have breast implants, the more likely it will be for you to have them removed.

With the cost of surgical removal matching that of the original implant surgery. In addition, their list of risks associated with this procedure is extensive and detailed, ranging from chest wall deformity to toxic shock syndrome.

Those suffering from these symptoms generally refer to the condition as Breast Implant Illness. Symptoms of this condition are a pattern of health problems likely caused by an autoimmune reaction to the implant. These include:

- Mental confusion*
- Joint pain*
- Hair loss*
- Dry eyes*
- Chronic fatigue*
- Persistent flu-like symptoms*



Studies on long-term implant users indicate that, in the pectoral (chest) and intercostal areas (ribs), gradual and irreversible deterioration of muscle function takes place. Respiratory problems are widespread among implant users, as are complications affecting major lymphatic ducts and fluid irrigation of the upper chest areas leading to inflammatory changes in the tissue and surrounding area.

Common side effects seen at Costaspine with those who have breast implants:

**Rounded upper back:** The immediate impact of the implants on the body is that they cause shoulders to round forward and the thoracic spine to curve forward excessively. Also, the physics of the location of the implants cause the muscles of the front of the chest to contract, and the thoracic spine has nowhere else to go but into excessive flexion.

**Laboured breathing:** The rounding of one's shoulders make it hard to breathe. This reduces the capacity of the lungs and you would have to breathe forcefully against resistance continuously.

**Compensation:** The indirect effects of the implants are that they can cause compensations to occur elsewhere in the body due to changed biomechanics. This compensation often leads to headaches, lower back and hip issues in females which become chronic over time. This complex postural alteration tends to directly involve the cervical spine too, with persistent contraction of the cervical spine-stabilizing muscles (trapezius and cervical paravertebral muscles). The sequence of events eventually leads to the pain chain, a continuous spinal pain starting at the lumbar level and extending progressively to the cervical spine, with shoulder irritation.

At Costaspine we have a team of professionals who work together to combat these unwanted side effects of breast implants. Together with Chiropractic, Massage and Personal Training, we have seen a reduction in the amount of pain our clients have with increased functionality day to day.





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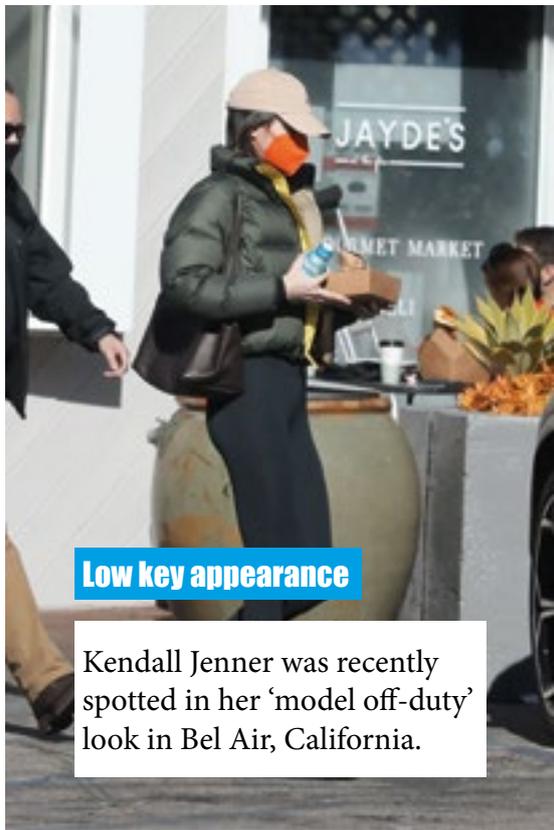
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### Low key appearance

Kendall Jenner was recently spotted in her 'model off-duty' look in Bel Air, California.



### Fun throwback

Drew Barrymore and Keanu Reeves talked about memories regarding their long term friendship in her talk show.

## Long distance friendship

Actress Kate Winslet revealed that she teared up when she could finally see Leonardo DiCaprio for the first time in two years in New York City. Due to the pandemic and the distance between continents, the two friends were not able to see each other in person, making this moment so emotional and magical. Their friendship dates back to the 90s.



A dark grey background featuring a white circular logo with a stylized 'N' in the center. To the left of the logo is the text "MM" and to the right is "XX". Below the logo, the word "NOVACANE" is written in large, white, bold, sans-serif capital letters. Underneath that, "ART GALLERY 29660" is written in a smaller, white, sans-serif font. At the bottom right, there are social media icons for Facebook and Instagram, followed by the text "NOVACANEARTGALLERY". At the very bottom, the address "CENTRO DE NEGOCIOS, PUERTA DE BANÚS, LOCAL 33, 29660, MARBELLA" is written in a small, white, sans-serif font.

MM

XX

# NOVACANE

ART GALLERY 29660

f NOVACANEARTGALLERY i

CENTRO DE NEGOCIOS, PUERTA DE BANÚS, LOCAL 33, 29660, MARBELLA



**Gorgeous family**

The Beckham family shared this elegant picture during the holidays, where we can see how much the little ones have grown up!



**A healthier year**

James Corden revealed that he has lost almost 13 kilos during 2021, thanks to healthier life choices.



**Rest in Peace**

Legendary actress Betty White has recently passed away at 99 years of age. The 'Golden Girls' icon, who was born in 1922, is said to have passed peacefully while in her sleep. May she rest in peace and may her family be able to overcome these sad news. With her, Hollywood lost another star this past year.

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# LINCOLN AVIATOR



Delivering Quiet Flight, Aviator offers two powertrains – a standard twin-turbocharged 3.0-liter V6 gas engine and the Grand Touring's hybrid powertrain. This marks the first time Lincoln has combined a twin-turbocharged 3.0-liter V6 engine and advanced electrified hybrid technology capable of delivering smooth performance and nearly instantaneous torque.

Aviator is the brand's first midsize three-row SUV, broadening the Lincoln portfolio that will also see the launch of the all-new Corsair this fall.

Luxury performance defined

Based on a rear-wheel-drive architecture, Aviator offers a compelling combination of performance, capability and choice, with intelligent all-wheel drive available and the option of a gasoline or hybrid powertrain.

The standard twin-turbocharged 3.0-liter V6 engine, paired with a new 10-speed SelectShift® automatic transmission, delivers 400 horsepower and 415 ft.-lbs. of torque\* for effortless acceleration.

With the hybrid option, Aviator Grand Touring's twin-turbocharged engine and advanced electrified technology takes the levels of performance even higher, with an impressive 494 combined horsepower and best-in-class 630 combined ft.-lbs. of torque.\*

The powerful electric motor, with maximum output of 75 kilowatts and a 13.6-kilowatt-hour battery pack in Aviator Grand Touring, is designed to complement the performance of the twin-turbocharged 3.0-liter V6 engine.

- All-new Lincoln Aviator offers effortless power and capability – expanding Lincoln's portfolio with a midsize luxury SUV that represents the next step in the company's design vision.
- Aviator Grand Touring debuts advanced electrified hybrid technology, producing 494 combined horsepower and best-in-class 630 combined ft.-lbs. of torque.
- Intuitive technologies and Lincoln signature features - including Phone As A Key, Lincoln Co-Pilot360 Plus and Lincoln Drive Modes - create an effortless experience that's easily personalized.

The Lincoln Aviator defines effortless luxury performance among premium SUVs, offering impressive power and capability combined with sleek elegance and intuitive technology.



By: Guillermo Fernández de Ateca Barber.  
C de Salamanca Ambassador



# FERRARI 296 GTB

# DEFINING FUN TO DRIVE

- Unveiled today the 296 GTB, Ferrari's new mid-rear-engined berlinetta sports car
- New Ferrari V6 hybrid architecture capable of delivering up to 830 cv
- The 296 GTB -in hybrid system maximises usability and driving pleasure
- The 296 GTB is also available with the extreme high-performance Assetto Fiorano package.

This is the first 6-cylinder engine installed on a road car sporting the Prancing Horse badge; it unleashes its massive 830 cv total power output to deliver previously unthinkable performance levels and an innovative, exhilarating and unique soundtrack



The 296 GTB ushers in an authentic revolution for Ferrari as it introduces a new engine type to flank the marque's multi -award-winning 8- and 12-cylinder power units: a new 663 cv 120° V6 coupled with an electric motor capable of delivering a further 122 kW (167 cv).

The car's name which combines its total displacement (2.992 l) and number of cylinders was chosen, with the addition of the GTB (Gran Turismo Berlinetta) acronym in finest Ferrari tradition, to underscore th epoch-changing importance to Maranello. It is not simply the living, beating heart of the 296 GTB, but it also ushers in a new V6 era that has it roots deep in Ferrari's unparalleled 70-year-plus experience in motor sports.



The very first Ferrari V6, in fact, featured a 65° architecture and debuted on the 1957 1500 cc Dino 156 F2 single-seater. This was followed in 1958 by bigger displacement versions on the front-engined sport prototypes - the 196 S and 296 S - and F1 cars, such as the 246 F1 which powered Mike Hawthorn to the F1 Dirvers' championship title the same year.

By: Guillermo Fernández de Ateca Barber  
C de Salamanca Ambassador.

The car's compact dimensions and the introduction of innovative dynamic control systems as well as meticulously honed aero ensure that the driver will instantly experience its astonishing agility and responsiveness to commands. Its sporty, sinuous design and extremely compact dimensions also visually underscore its exceptional modernity, brilliantly referencing the likes of the 1963 250 LM, the perfect marriage of simplicity and functionality.

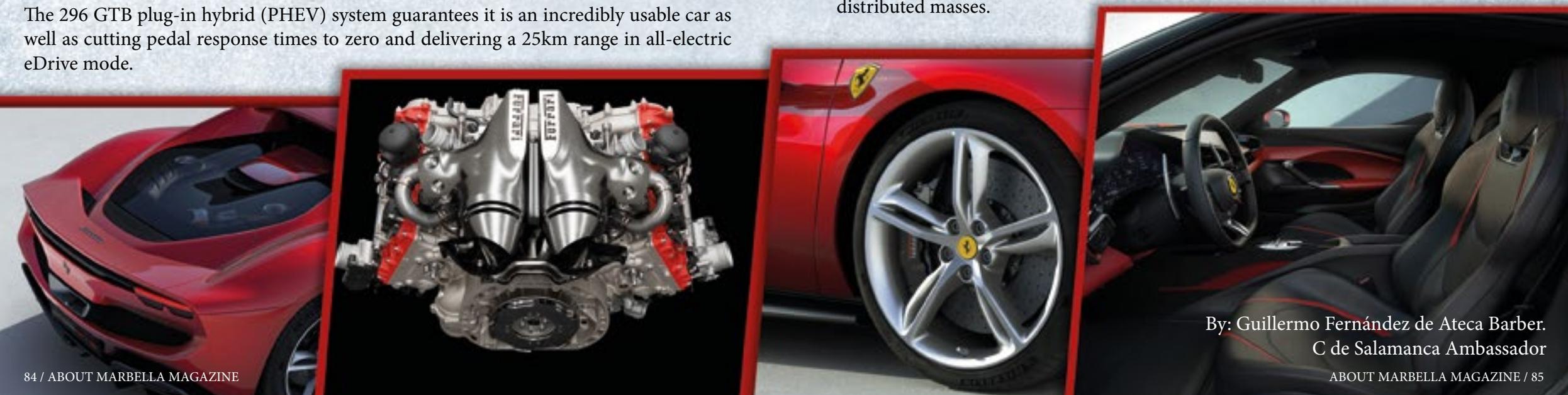


The very first Ferrari to sport a mid-rear-mounted V6 was the 246 SP in 1961, which won the Targa Florio both that same year and in 1962, amongst many others. Also in 1961, Ferrari secured its first Constructors' title in the formula 1 world championship with the 156 F1, which was powered by a 120° V6. Ferrari in 1981 and subsequently on the 126 C2 in 1982, which became the first turbo-charged car to win the Formula 1 Constructors' World Championship title. This was followed up with a second title in 1983 with the 126 C3. Lastly, V6 turbo hybrid architecture has been used on all Formula 1 single-seaters since 2014.

The 296 GTB plug-in hybrid (PHEV) system guarantees it is an incredibly usable car as well as cutting pedal response times to zero and delivering a 25km range in all-electric eDrive mode.

As was the case with the SF90 Stradale, for clients who want to exploit the car's extreme power and performance to the utmost, particularly on the track, the 296 GTB is also available with the Assetto Fiorano package, which includes lightweight features and aero modifications.

Thanks to its 663 cv and 221 cv/l, the 296 GTB's ICE sets the new specific power output record for a production road car. Central to achieving this result was the introduction of the 120° vee configuration with equally-spaced firings as well as the positioning of the turbos inside the vee which produces a much more compact engine and optimally distributed masses.



By: Guillermo Fernández de Ateca Barber.  
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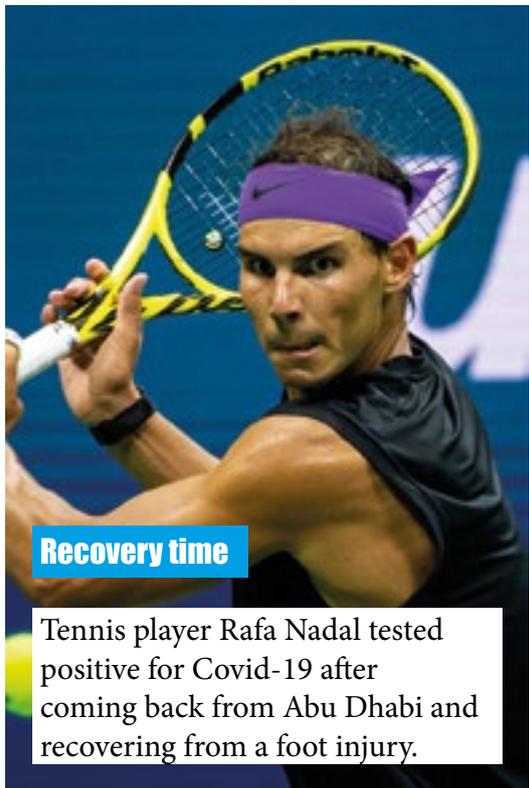
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### Recovery time

Tennis player Rafa Nadal tested positive for Covid-19 after coming back from Abu Dhabi and recovering from a foot injury.



### Ageism in Hollywood

Nicole Kidman called out the ageism in the industry by revealing that she has been turned down for roles because of her age.

## Some time off with her loved ones

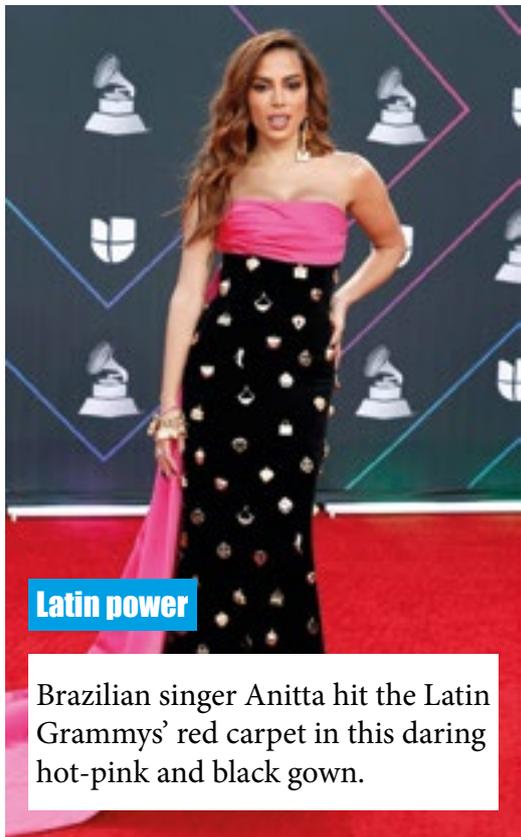
Singer Jennifer Lopez enjoyed the Christmas holidays to the fullest as we can see from her social media. She looked stunning while celebrating a Christmas Eve dinner party where she invited friends and family (and even her 'glam squad'). After spending some days with her family in a more cozy environment she went back to looking all glamorous for a smaller occasion. This time, she met with her children and boyfriend Ben Affleck for a more intimate lunch in New York City. After these days of rest she has gone back to work.



**LA CABAÑA CLUB**

*Feliz San Valentin*

@lacabana\_club  
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**Latin power**

Brazilian singer Anitta hit the Latin Grammys' red carpet in this daring hot-pink and black gown.



**A new heartbreak**

Couple Kaia Gerber & Jacob Elordi announced that they are parting ways after dating for a year.

**Another album, another success**

Singer Taylor Swift released the re-recorded version of her album 'Red' last month and her fans absolutely loved it. Her 'Taylor Versions' of the tracks offer a new twist and a more mature sound after all her experiences in the music industry. This release was a huge success in streaming platforms, being played for more than a billion times globally only on Spotify. With this move, Swift pretends to keep recording her older stuff (as she has confirmed to be doing right now via social media) in an attempt to get the rights to her original songs back.

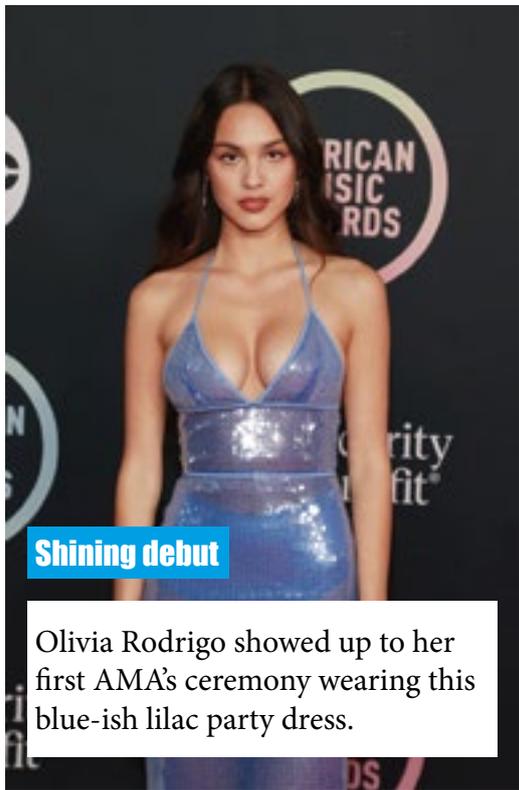


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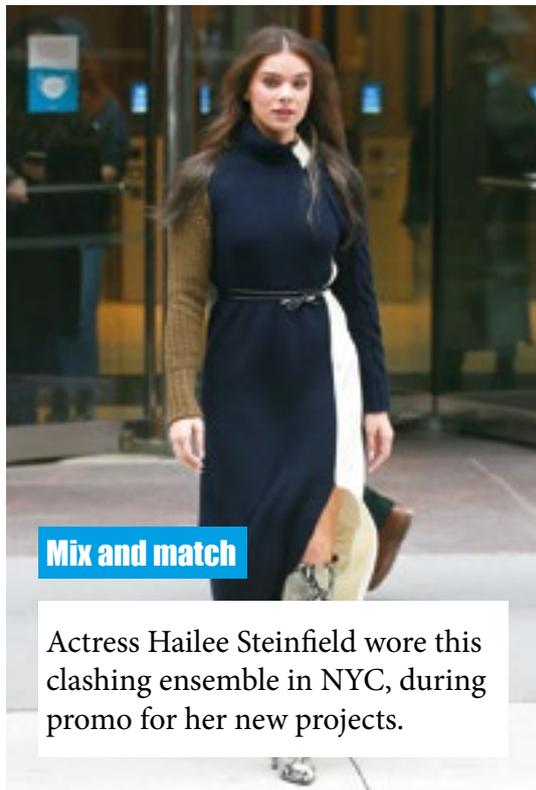
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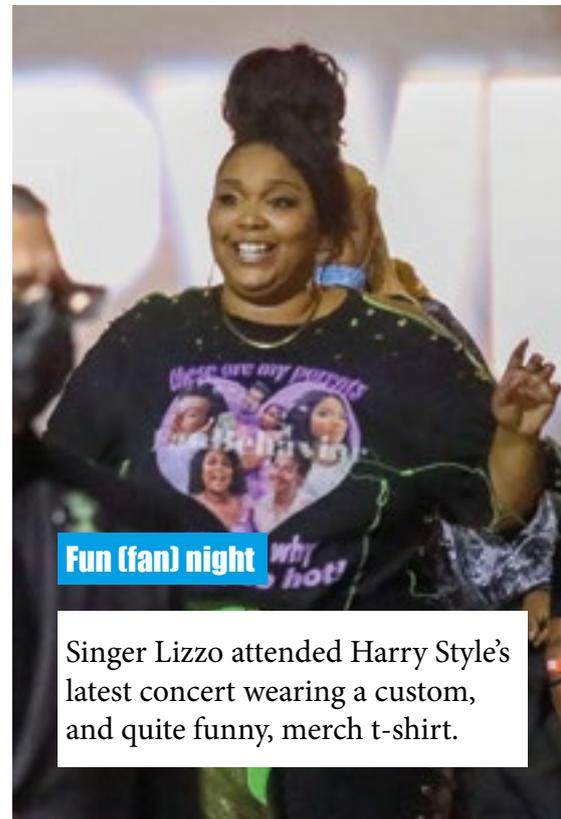
**Shining debut**

Olivia Rodrigo showed up to her first AMA's ceremony wearing this blue-ish lilac party dress.



**Mix and match**

Actress Hailee Steinfeld wore this clashing ensemble in NYC, during promo for her new projects.



**Fun (fan) night**

Singer Lizzo attended Harry Style's latest concert wearing a custom, and quite funny, merch t-shirt.



**Statement suit**

Selena Gomez showed up at the NYC airport wearing a vivid monochromatic orange tracksuit.



**'30' out now**

Singer Adele's latest album '30' was a big hit globally, just like experts expected. After her hiatus, the vocalist came back with an emotional album full of ballads and mid-tempo songs that mainly center around the topics of love, divorce and self-worth. '30' has become the best selling album of this year so far in the States, having the same good reception in Europe and Australia.

**Feeling blessed and thankful**

After the end of her conservatorship, singer Britney Spears assured fans that she is feeling much better and relaxed. Even though she still suffers from anxiety, she is grateful that her life can be normal again, with examples like being able to drive again, to go to the movies or even buy scented candles in the mall. Some other names in the industry remained silent when asked about the Britney situation; like Christina Aguilera, who refused to comment while being asked in an interview. Spears later called out the singer for her behaviour.





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# The Point

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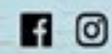


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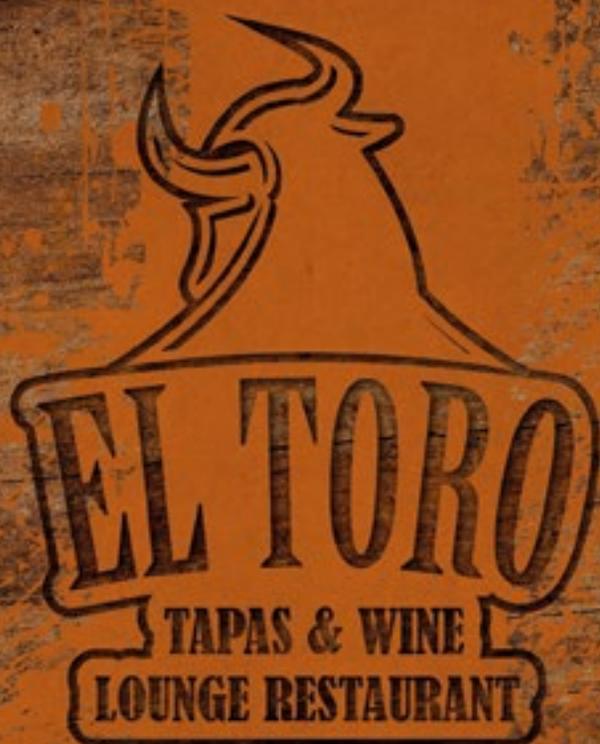


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