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magazine



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MARBELLA**



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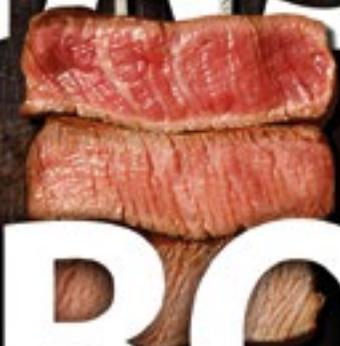
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### Making big moves

Singer Doja Cat will be the host of the upcoming MTV Video Music Awards this year.



### Flashy nightmare

Actress Anya Taylor-Joy revealed that there have been times when she has felt scared of the paparazzi.

## Welcome to the family

Little Mix members Leigh-Anne Pinnoch and Perrie Edwards have welcomed their respective babies. Leigh Anne has had twins with her fiance and soccer player Andre Gray. For Perrie, she has welcomed her first baby with partner Alex Oxlade-Chamberlain, a soccer player too. As a group, Little Miz are preparing a special album for fans.



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**Family trip**

Model Heidi Klum has travelled to Venice with her daughter for a brief vacation.



**New romance?**

The infamous Anna Wintour was seen during a date with Actor Bill Nighy.



**JLo hidden gem**

Singer Jennifer Lopez is trying to sell one of her houses for \$25 million! This property, located in one of the best spots of NYC, has been on the market for some time now, but it hasn't found a new owner yet.

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**Disney childhood**

Selena Gomez shared her thoughts of gratitude for the platform her Disney background gave her.



**Industry friends**

Rami Malek and Margot Robbie showed their strong friendship while having dinner with the actress husband.

**They are finally tying the knot!**

Modern Family star Eric Stonestreet recently got engaged to his partner and pediatric nurse Lindsay Schweitzer. After uploading the pictures to the internet many trolls voiced out that he is too old for her, while being 49 and 41 years old respectively. The couple jokingly responded with some photoshopped pictures of the too where they made her face appear quite older as a joke.



**MANGAL**  
*Grill & Bar*

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And then she lost it all, literally all!

Anxiety, stress, not even a penny in her pocket.  
She had it all, like most of us, but we have to go  
through difficulties to appreciate the good and  
be grateful for all the small things and moments  
in life, not the perfect ones without flaws,  
because there is no such thing as perfect!

But we can get damn close!



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# BURGER SHAWARMA

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Muelle Ribera Casa RS Local 6, Puerto Banús, Marbella.



### A model's words

Model Rosie Huntington-Whiteley has stated that she thinks Victoria Secret is not keeping up with social changes.



### Pretty best friends

Friendship between Dua Lipa and Bella Hadid is still going strong, as the two hang out everytime both are in London.

## Solidarity in times of need

After the earthquake of a magnitude of 7.2 that hit Haiti the 14th of August, a lot of people around the world started helping the country, and some celebs are included too. Apparently, Hollywood favorite couple, Ryan Reynolds and Blake Lively, donated \$10,000 to the organization Hope for Haiti, in order to help people who were affected by this natural disaster. Apart from helping directly, this action raises awareness of the situation and encourages citizens to help in whatever way they can.



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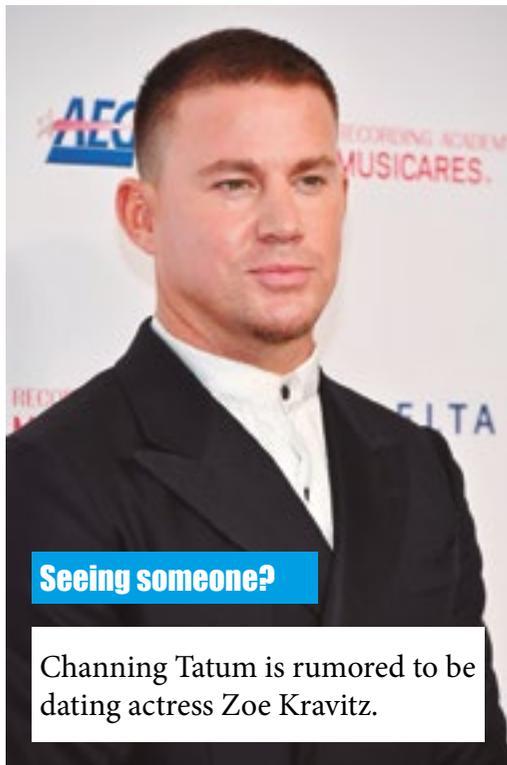
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**Step by step**

Camila Cabello denied engagement rumors with her boyfriend Shawn Mendes.



**Seeing someone?**

Channing Tatum is rumored to be dating actress Zoe Kravitz.

**From sadness to success**

Country singer and Grammy Award winner Kacey Musgraves released her new studio album 'Star-Crossed' September 10th. Before that date, she has been warming up with notorious singles and eye-catching music videos, like 'Justified'. This new music explores Kacey's thoughts on her recent divorce last year after a, what looked like, happy marriage that inspired some of her previous work. This unfortunate event didn't stop her and as we can see she kept doing what she does best and created more amazing music.



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**Dear daughter...**

Katy Perry celebrated her daughter 1st birthday with sweet messages on instagram.



**Style changes**

Hailey Bieber shared in a recent interview her fashion regrets, showing that everyone can evolve.



**Strike a pose**

Lily Collins looked stunning in this avant-garde look for a Cartier launch event.



**Working mom**

Singer Halsey has recently released her 4th studio album, 'If I Can't Have Love, I Want Power'.

**Another addition to the family**

Last month, Kylie Jenner surprised the world by revealing that she is expecting her second baby with partner Travis Scott. Industry insiders are saying that the Jenner billionaire is quite excited by her baby bump and, even though she is quite busy taking care of her daughter Stormi, she is trying to take things slowly in order to maintain a healthy pregnancy all throughout the process. We are sure the whole family, including Stormi who will have a little sibling soon, are very happy about the news.



**Disconnecting in the digital era**

Singer Lorde has just released her third studio album 'Solar Power'. During this time of interviews she has revealed that she deleted every social media app from her phone except for one. Surprisingly, the one that she still uses is no other than the New York Times Cooking app. She went on by saying that she likes the almost non-existent pressure of it.





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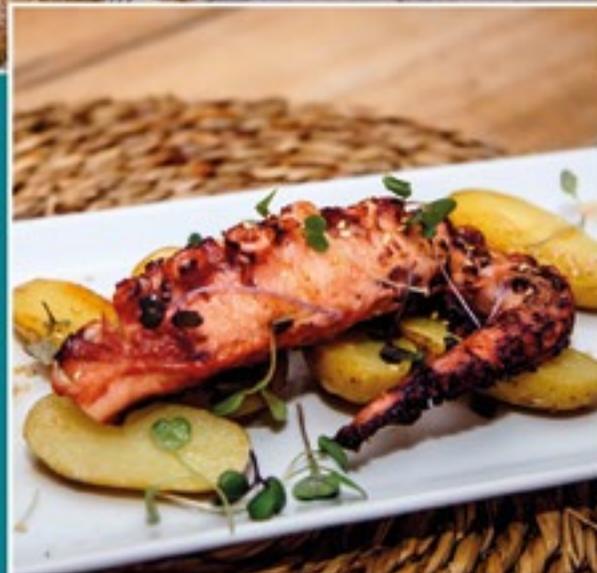
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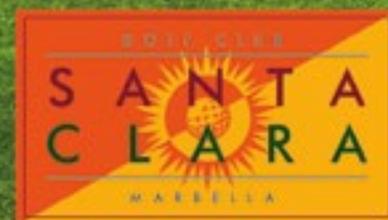


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**Otherworldly beautiful**

Singer Jhené Aiko wore this ethereal Iris Van Herpen gown for the Shang-Chi premiere red carpet.



**Regrets and more regrets**

Kim Kardashian confess that she isn't happy with having appeared on Kanye West's latest concerts.

**New boyfriend alert!**

Singer Lil Nas X recently revealed that he is in a relationship stating that he is 'really happy'. He stated that the two met before one of his appearances in Saturday Night Live, so fans are speculating if this mystery partner could be one of his dancers that performed alongside the singer that night. Either way, the relationship has been going for a few weeks only, so we'll have to wait to get more information about it.



# CASSINO

BET AND PLAY

A large, stylized graphic featuring four playing cards (Ace of Spades, Ace of Diamonds, Ace of Clubs, Ace of Hearts) and two dice, all glowing with a golden light. The background is dark with a roulette wheel and other casino elements.

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# El saque de pádel

Hola a todos, bienvenidos a un nuevo artículo de pádel en About Marbella.

Damos un paso más y esta vez abordamos el saque para daros todos los consejos y todos los secretos que tiene este golpe de pádel. Gracias a una correcta ejecución lograremos tener la iniciativa del punto siempre que saquemos y conseguir que no nos rompan.

Empezamos en la parte de atrás de la pista, detrás de la raya. Es importante tener muy claro el posicionamiento a la hora de sacar. ¿Por qué? Porque hay muchos jugadores que tienden a sacar desde la esquina para conseguir llegar al ángulo del cristal, para tener un ángulo mucho más fácil. Eso es erróneo, porque luego dejamos la zona del centro libre y eso siempre va a provocar que tengamos una pista enorme que cubrir a la hora de sacar. Por favor, esto es como tocar el piano, no movemos el piano, movemos la silla. Por lo tanto, siempre debemos sacar cerca de la zona centro. Puedo dar un margen de 1 metro y medio, para luego tener la zona central cerca, que es la zona importante para cubrir. Este primer paso es primordial.

Ahora vamos a desgranar los pasos que debemos seguir para realizar un buen saque. Muchas veces sacamos con el pie bloqueado y puede haber lesión en la rodilla al no poder ir hacia delante, que sería el siguiente paso después del saque. Con lo cual, hago mucho hincapié en abrir bien el pie para que haya una flexión natural de la rodilla. Con el pie bien colocado y dando por hecho que la empuñadura continental ya la dominamos, vamos a seguir los pasos.

Llevamos la pala bien arriba, ya que vamos a hacer un saque cortado. Todos los golpes cortados siempre empiezan arriba, entrando a la pelota de arriba a abajo. Por tanto, pie colocado, pala bien arriba, bola fuera.

Es importante no botar la bola, sino dejarla caer y nunca impactar por encima de la cadera, ya que es falta de saque. Lanzo, impacto y termino. Esta secuencia es importantísima, porque si lo que hago es moverme antes de golpear, la mayoría de los saques van a ir a la red, ya que impactaremos tarde, dejando la bola detrás.

Por otro lado, si hago la secuencia bien, pero la pala la llevo baja, golpearé la bola por debajo, el saque flotará y se irá detrás de la raya. Por lo tanto, fallaremos normalmente los saques, ya que serán saques largos. En resumen, debemos tener muy en cuenta que la secuencia siempre es pala arriba, impacto por encima y termino con el peso del cuerpo delante y me voy con mi preparación de armado de volea, porque después del saque hay que ir a la volea.

Es importante que tengamos la pala arriba, porque todas las voleas que podamos atacar siempre van a ir con el efecto cortado.

Ya hemos explicado el posicionamiento y los pasos a seguir. Pero hay muchos que os preguntaréis: ¿y ahora cómo dirijo la bola? La bola se dirige con la mano izquierda, con la mano que lanza la bola, la derecha para los zurdos.

Debemos tener claro lo siguiente. Si yo lo que hago es colocar la bola a la altura de la pierna trasera, el impacto va a estar un poco retrasado, con lo cual mi saque va al centro. Si lo que hago es echarme la bola delante, en la pierna de apoyo, el impacto se producirá delante de mí y apuntaré al cristal lateral. Por lo tanto, la mano izquierda es la que dirige dónde echar la bola y la derecha únicamente ejecuta el movimiento. Si tenemos claro eso, no fallamos ni un saque.

Y en lado de revés, ocurre todo lo contrario. En este lado lo que haremos será echar la bola muy delante para que el impacto sea totalmente recto y sacar al centro, y retrasado para sacar al cristal.

Son cosas fáciles y si seguimos el orden, siempre ejecutaremos el saque al lugar donde queremos, que es lo que estamos buscando.

Con esta pequeña explicación esperamos haber resuelto muchas de las dudas que tengáis con el saque. Si queréis hacernos preguntas o ampliar vuestros conocimientos de pádel, os animamos a visitar nuestro canal de YouTube Prodigy Land. ¡Os esperamos!



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# CONTINUAMOS CON LOS HOMBROS

Esta vez trabajaremos 4 ejercicios que nos ayudarán a tener unos hombros más fuertes y estables

## WE CONTINUE WITH THE SHOULDERS !!

*This time we will work 4 exercises that will help us to have stronger and more stable shoulders*



**1.** Elevación lateral: la haremos de modo que cogemos un peso y una banda elástica de baja carga para tener una mayor activación en el deltoides aprovechando toda la amplitud de movimiento. Aquí el codo debe de estar ligeramente flexionado en todo el recorrido manteniendo esta alineación hombro / codo / mano/. 4 Series de 12 repeticiones con un descanso de 1 minuto.

**1.** Lateral elevation: we will do it so that we will take a weight and a low-load elastic band to have a greater activation in the deltoid taking advantage of the full range of motion. Here the elbow should be slightly flexed throughout the course maintaining the shoulder / elbow / hand / alignment. 4 sets of 12 repetitions with a 1 minute rest.

**2.** Press reverse Kettlebell: nos sentaremos con las rodillas ligeramente por encima de nuestra cadera, cogemos dos KB que nos permitan hacer 8 repeticiones controladas en esta posición. Objetivo: darle vida a los manguitos rotadores y estabilidad al bloque. 4 series de 8 repeticiones con un descanso de 1 minuto.

**2.** Press reverse Kettlebell: we will sit with our knees slightly above our hips, we will take two KB that allow us to do 8 controlled repetitions in this position. Objective: to give life to the rotator cuffs and stability to the block. 4 sets of 8 reps with a 1 minute rest.



**3.** Elevación frontal con giro: cogemos dos mancuernas con peso moderado, las elevaremos frente a nosotros con brazos extendidos y daremos un giro muy controlado rotando la muñeca hacia arriba. 4 series de 15 repeticiones con un descanso de 1'.

**3.** Front elevation with twist: we will take two dumbbells with moderate weight, we will raise them in front of us with outstretched arms and we will give a very controlled turn by rotating the wrist upwards. 4 sets of 15 repetitions with a 1 'rest.

**4.** Encogimientos: ahora trabajaremos el trapecio haciendo rotaciones primero hacia atrás y luego hacia adelante, movimiento muy controlado y cabeza ligeramente inclinada hacia delante. 6 series de 10/10 con un descanso de 1'

**4.** Shrugs: now we will work the trapezius by rotating first backward and then forward, very controlled movement and head slightly inclined forward. 6 sets of 10/10 with a 1 'break



@alvaropuerma

f Alvaro Puerma Martínez

# HOME IS WHERE THE HEART IS



The last year and a half has been transformational, with many people spending a significant amount of time in their homes. During the various lockdowns, values have shifted with people looking to prioritise their friends and family, focus on mental and physical health and reassess their home/work balance. All of this has impacted how we look at our homes and the roles that they are expected to play.

Where we live should not be considered as just four walls which we fill with stuff; it's the emotion, the life that unfolds within, that turns a house into a home. That heart felt connection we have with the place is fundamental to our relationship with it. Art and how we use it at home is at the heart of this emotive response. Increasingly, pieces of art and how they are displayed or highlighted is integral to that equation.

“It's all in the details” can apply to many things. But when it comes to our living spaces, it means sourcing and carefully placing the best home products, decor, and gadgets in just the right place to make a room feel more cosy, comfortable, and welcoming.



**CALM** Our homes have become spaces where we try to shut out negativity and news of the pandemic. Nature has been at the heart of the search for calmness and people are emotionally investing in making a fifth room out of their gardens to offer additional space, combining indoor/outdoor living and seeking ways to bring nature indoors through texture, colour and objects.

## ESTABLISHED IN NATURE

One great way of bringing calmness and connecting to nature is by using natural and organic materials. Nowadays, these materials create a modern style as well as making a house a home, making the home feel a healthier and more relaxed place even if it's only in small corners of the house



The most popular décor when talking about nature is without a doubt, plants. Either natural or artificial. This decoration will never go out of fashion. Even if you're not a plant lover, we can't deny the beauty and calmness that only a plant can generate. This bathroom it's a great example - where you are transported to a tropical place, as if the beach is at your side or you're in the middle of a rainfall in the jungle.



Take a look at this modern living area - with only a neutral colour pallet, plants give more life to the space. Another way to bring life to the interior as well as adding interest & texture is with bold printed wallpapers



**Apartment in Mansion Club, Designed by Lord Design**

# PRODUCTIVE



**Allure Office Chair from Forma5, Available at Lord Designs**



Another aspect of life that has been impacted is that working has been brought to our homes. From going out and meeting clients, to videocalls, online meetings, and our rooms becoming offices. In a way this has been a calmer way of working, with the possibility of even working in your pyjamas! This way of living has led us to better manage our space and proves that every corner of the house is important. Introducing more efficiencies to our home is vital to optimise productivity.

# JOYFUL

People are prioritising how their spaces make them feel. As we reconnect with friends and family, everyone wants to show off the uplifting changes they have made to their homes and celebrate the space they have survived 2020/21 in. So, our home was not only our place of lockdown but of refuge, where many moments have been taken throughout the last months.

# HOSPITALITY



Homes will remain at the heart of socializing with family and friends with a focus on making spaces incredibly inviting and welcoming for others to enjoy with us. A great idea to add a welcoming aspect to our homes are the use of fireplaces - a really useful way of creating comfort in the living area. If you are living in a warm climate, you can always use electric fireplaces to bring cosiness, without throwing out a great deal of heat. However, without a doubt, the number 1 way of making a guest comfortable is of course by having food on the table!



A change in our life always inspires us the push to try new things, and show our change and sense of pride – surviving in this time is already a wonderful accomplishment, rather than looking at the negative aspects, we ought to look at the bright and happy moments and look forward to the future. Bright and happy colours express the feeling of success and achievement, giving an abundance of life and energy to a space. Welcoming good moments, isn't that what we look for when designing our home? From textured wallpapers, natural stones, colourful porcelains or patterned fabrics, these lead to a new form of experimentation.

Direct & Indirect lighting designs can complete a design scheme – adding brightness and life to the space. Take a look at this informal living area in a light colour pallet with splashes of citrus tones combined with fresh aqua-coloured accents. All of the fixtures are in warm gold/bronzes, which is currently being favoured over stainless-steel options. Taking you to a place of peace and happiness at the same time



*Villa El Madroñal, designed by Lord Designs*

# EMBRACE YOUR PASSION



**Henri Matisse :**  
"creativity takes courage"

Everyone is passionate about something in their life, from movies, art, painting, sports, etc. Our homes are our safe place, where we are truly relaxed and not worried about external pressures, where we also unconsciously develop and learn more about ourselves depending on how we spend our free time, what we love, so we can embrace all of this into our interior decor. Finding the right art that works for you is a daunting aim. It's an area perhaps more subjective than any other – love and hate go side by side. Beautiful furniture and graphic art, from prints and painting to sculptures, objects and textiles, make perfect partners. Injecting life and personality into any space takes time, effort and imagination but in the end its so rewarding when you fulfil somewhere that represents who you are, your tastes and style.



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# What Happens In Each Trimester Of My Pregnancy? And how to manage it - Chiropractic and other tips.



## First Trimester

When you fall pregnant, there is a huge rush of hormones. The sudden increase of hormones can cause beautiful changes in your skin, which is commonly referred to as “pregnancy glow”. The huge rush of hormones can also cause nausea. Often referred to as “morning sickness” but it can happen throughout the day! Normally, nausea eases up after the first trimester.

When you become pregnant, you breathe more air. The actual amount of air that moves through your body is a whopping 30-50% increase! As your baby grows, your diaphragm can get more squished inside your body, which can mean it gets more difficult to get the extra air in. This can then lead to the lady suffering with shortness of breath.

## Second Trimester

You may experience muscle or joint aches, especially around your pelvis. This is due to the increase of the hormone relaxin. Its job is to help muscles, ligaments and tendons in your uterus relax, but it also has a side effect, it loosens muscles in your low back and pelvis too, which can cause lower back pain. With Chiropractic we can help reduce or get rid of this pain and help you manage it yourself for the rest of your pregnancy.

You may also find that you get an ache around your groin. This is due to stretching and straining of the round ligament (a really thick ligament that supports the belly as it grows). With Chiropractic we can help reverse the strain easing off the pressure.

It can be normal to experience swelling as your circulation starts to slow a little, especially in your ankles. If you stand less and rest more, this may contribute to further pooling of fluid in your ankles. A tip or recommendation to reduce swelling when you sitting or relaxing try get your feet above the level of your pelvis or repetitively move the foot up and down (dorsiflexion and plantarflexion)

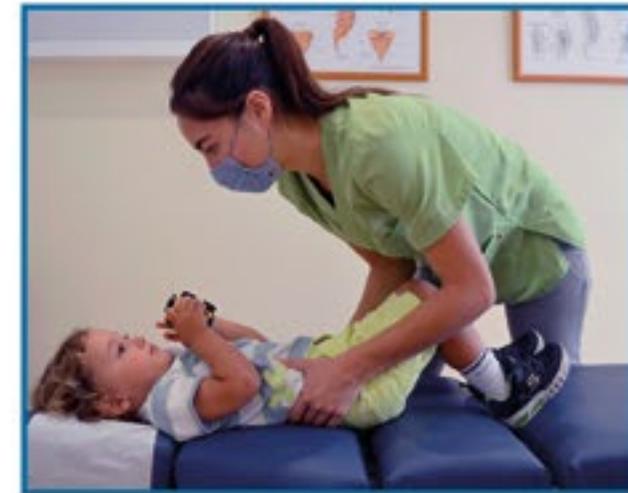


## Third Trimester

With your babies continued growth you will experience further loosening up of your muscles and ligaments, some women can experience more severe lower back pain. Another side effect noticed in this trimester, is your blood pressure can rise. It rises due to you having more blood in your body, so your heart has to work harder pumping it around. Sometimes this can be a link to you getting headaches. The hormone progesterone loosens the sphincter that leads to your stomach, food and acid can travel in the wrong direction and cause acid reflux or heartburn. With chiropractic we can reduce the reflux.

## Fourth Trimester

After birth, your postpartum period is a roller-coaster of hormone changes yet again. After birth you will experience endorphins, the feel-good hormone that help you manage the pain and stress that come with birth. Yet after day 3 or 4, your hormones will change again and this feel good hormone diminishes. Alongside the sleep deprivation that many ladies suffer with, this can cause a phenomenon known as the ‘baby blues’ or postpartum depression. Breastfeeding and skin-to-skin contact with your baby can trigger the release of the hormone oxytocin for both of you. Oxytocin is known as the love hormone because it increases with physical touch and is thought to promote bonding. Increased oxytocin in your body can help with the baby blues, until your hormones start to level out again (your hormones normally level out to your “normal” once you have stopped breastfeeding!



*We hope this article helps you understand your body a bit better, feel free to contact us with any questions you may have. Here at CostaSpine we are happy to help and please get in touch with our very own Chiropractor who specializes in Paediatric care, Diana.*



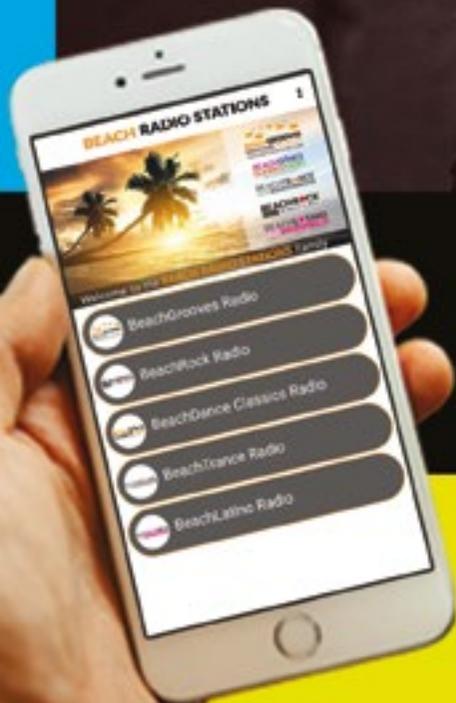


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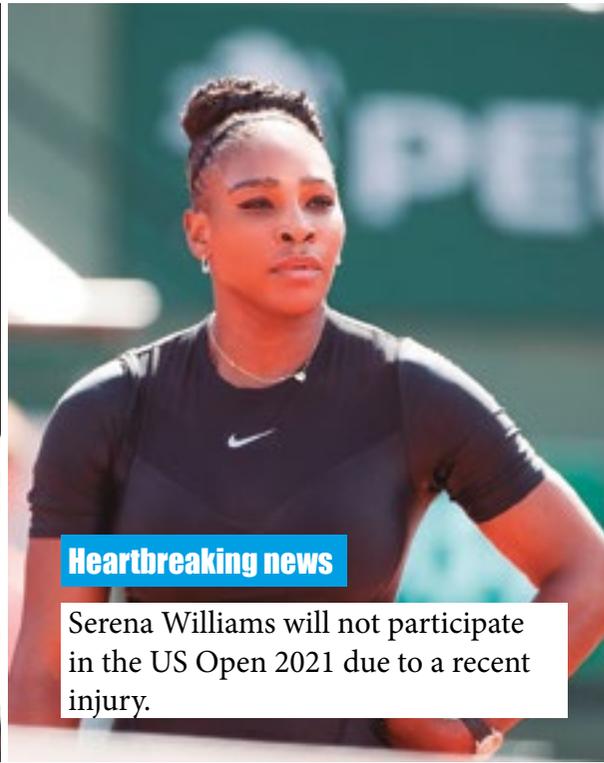
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### Considerate gentleman

Jason Momoa thanked fans via Netflix's official Twitter account for the success of his latest movie.



### Heartbreaking news

Serena Williams will not participate in the US Open 2021 due to a recent injury.

## Instagram for a good cause

Actress Angelina Jolie recently broke records by opening her Instagram account. Her account became the most followed one in 24 hours, with millions of followers per day. The actress, however, didn't do this as a personal passtime, but to raise awareness of the Afghanistan situation, letting people see real documents of actual Afgan girls.



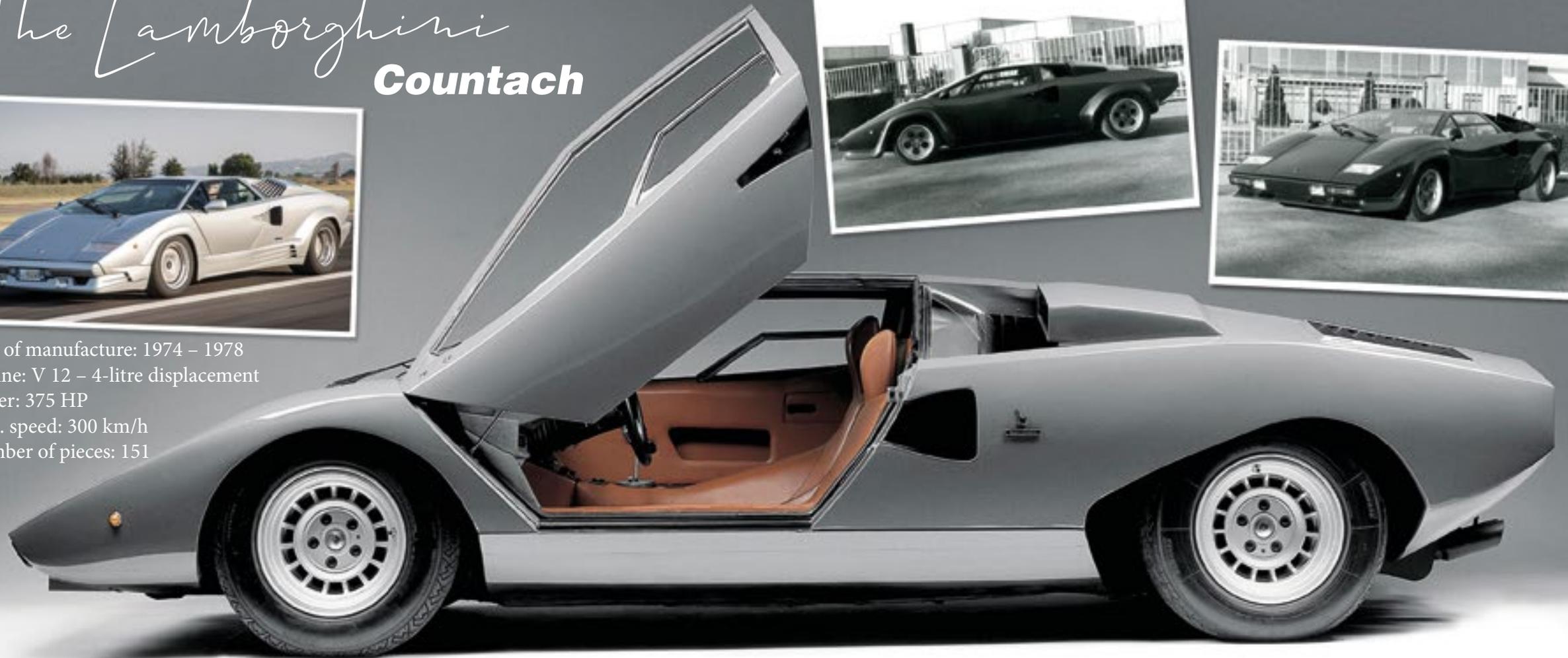
# NOVACANE

ART GALLERY 29660

# The Lamborghini Countach



Year of manufacture: 1974 – 1978  
 Engine: V 12 – 4-litre displacement  
 Power: 375 HP  
 Max. speed: 300 km/h  
 Number of pieces: 151



Together with the Miura, the Countach represented the backbone of the Lamborghini legend. Once again the team, Marcello Gandini and Nuccio Bertone, put their signature on a unique line that remains unchanged today: its 12 cylinders mounted lengthwise (Longitudinale Posteriore – hence LP) and the wedge-shaped body only 1.07 m tall with scissor doors, redefined the segment of sports cars, leaving enthusiasts speechless. The LP 400 of the first series, presented here, is still in great demand today because in this version the clear language of the shapes without larger mudguards and rear spoilers is

Countach 25th Anniversary: Year of manufacture: 1988 – 1989  
 Engine: V 12 – 5.2-litre displacement  
 Power: 455 HP  
 Max. speed: 295 km/h  
 Number of pieces: 658

In an extraordinary edition to celebrate Lamborghini's 25th anniversary, the Countach was presented in its latest evolution in 1988. New front and side spoilers and modified air vents make this series different externally to the Countach Quattrovalvole (QV) introduced in 1985, where we find the four valve technology for the very first time. 4th July 1990: this is the production date of the last Countach which was given to the car company museum, whilst the first Diablo was already on the production line.



# The Lamborghini

## Countach LPI 800-4

- A celebration of the Countach's 50th anniversary, the Countach LPI 800-4 is unveiled at The Quail: A Motorsports Gathering, USA
- A visionary, futuristic 'few off' produced in 112 units
- Exemplifying the Countach's legendary design and engineering preeminence in a pure and novel interpretation
- Visionary design meets future technology: V12 hybrid engine with 48 v e-motor and supercapacitor technology delivering 780 cv from thermal unit and 34 cv from electric one.



Sant'Agata Bolognese/Pebble Beach USA, 13 August 2021 – Automobili Lamborghini unveils the Countach LPI 800-4: a futuristic limited edition paying homage to the Countach's iconic status as a revolutionary design and technology rule-breaker and recreated for the 21st century.

Its puristic lines are immediately recognizable from the Countach legacy: the patriarch of modern super sports cars and Lamborghini design. With its aspirated V12 engine combined with Lamborghini's hybrid supercapacitor technology, the Countach LPI 800-4 retains the inimitable V12 experience and sound from its Longitudinale Posteriore (LP) mounted powerplant combined with the hybrid (I) technology developed for the Sián. Delivering 814 cv as maximum combined power (rounded at 800 in the name) from its aspirated powerplant (780 cv) and electric motor (34 cv) to its permanent four-wheel drive transmission, the LPI 800-4 produces peak Lamborghini performance of 0-100 km/h acceleration in just 2.8 seconds, a 0-200 km/h in 8.6 seconds and a top speed of 355 km/h.





“The Countach LPI 800-4 is a visionary car of the moment, just as its forerunner was,” says Automobili Lamborghini President and CEO Stephan Winkelmann. “One of the most important automotive icons, the Countach not only embodies the design and engineering tenet of Lamborghini but represents our philosophy of reinventing boundaries, achieving the unexpected and extraordinary and, most importantly, being the ‘stuff of dreams’. The Countach LPI 800-4 pays homage to this Lamborghini legacy but it is not retrospective: it imagines how the iconic Countach of the 70s and 80s might have evolved into an elite super sports model of this decade. It upholds the Lamborghini tradition of looking forward, of exploring new design and technology avenues while celebrating the DNA of our brand. It is a Lamborghini that innately expresses the marque’s enduring and emotive power: always inspirational and thrilling to see, hear and most of all drive.”



Countach – the patriarch of modern super sports car design

The Lamborghini Countach LPI 800-4 is instantly recognizable as the elevated descendant of Countach generations: testament to the lasting impact of the original Countach design that became the poster car of the 1980s and a symbol of automotive and lifestyle ultra-cool. The Countach moniker – a fitting expression of surprise and wonder in Piedmontese dialect and pronounced ‘Coon-tach’ – is one of very few Lamborghini model names not connected to bulls.

“The first Countach has been present in our Centro Stile as a model for some years now”, explains Mitja Borkert, Head of Centro Stile. „Whenever I look at it, it gives me goose bumps and it serves as the perfect reminder for me and the entire design team to design every future Lamborghini in a visionary and futuristic way. This is an unnegotiable part of our DNA, the essence if you so will. The first Countach shaped the Lamborghini design DNA like no other car; the new Countach translates that unconventional and edgy character into the future.”

The Countach’s distinctive silhouette with the essential line running from front to rear, sharp angles and lines and idiosyncratic wedge shape, innovated modern super sports design as well as future Lamborghini models. The Countach LPI 800-4 develops the characteristic lines of the Countach’s five models over nearly 20 years, concentrated into the purest realization of iconic automotive design.

By: Guillermo Fernández de Ateca Barber.



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Our brand is concerned with the selection, recruitment, organization, image and styling of all our artists at all events.



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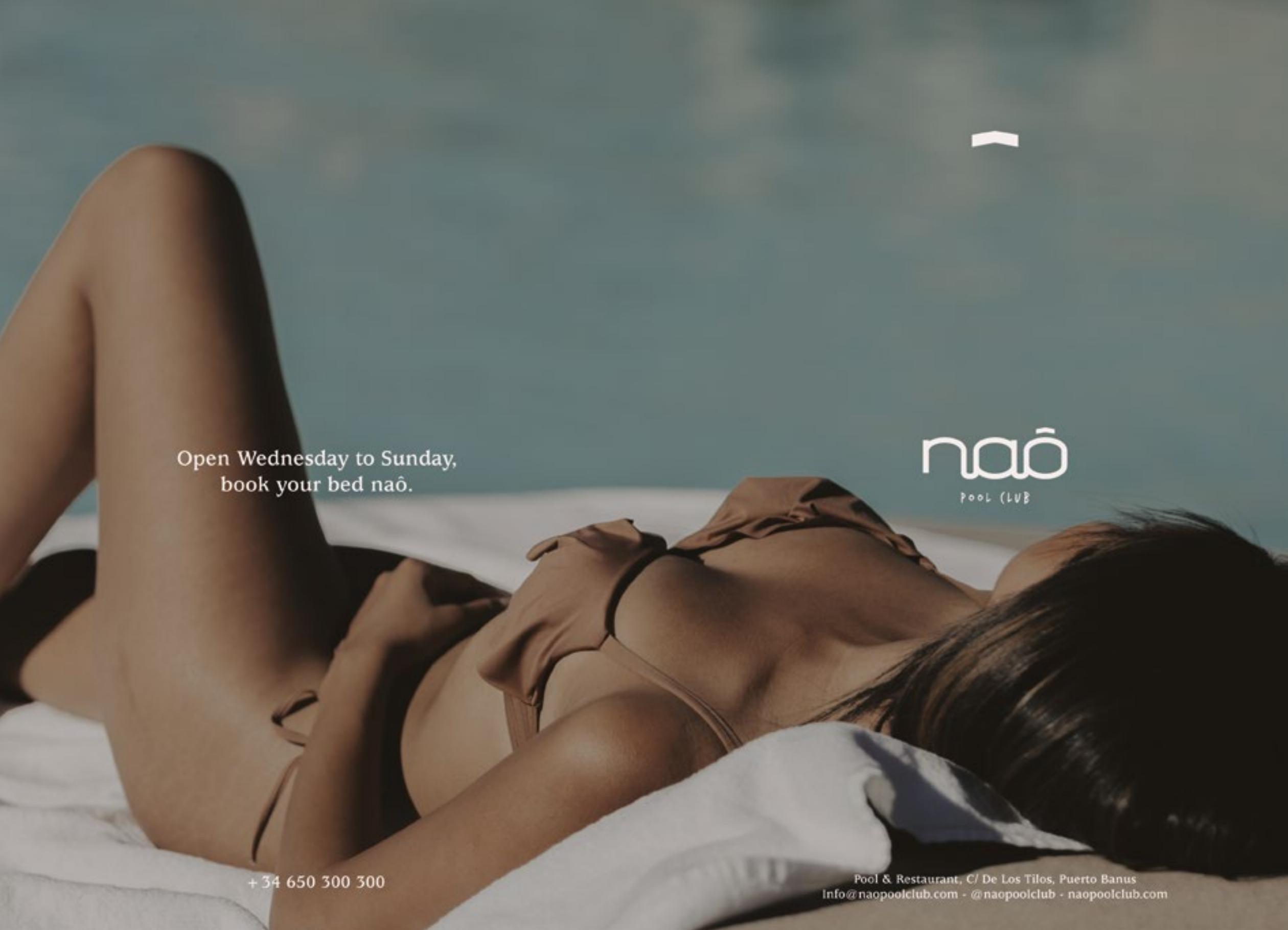
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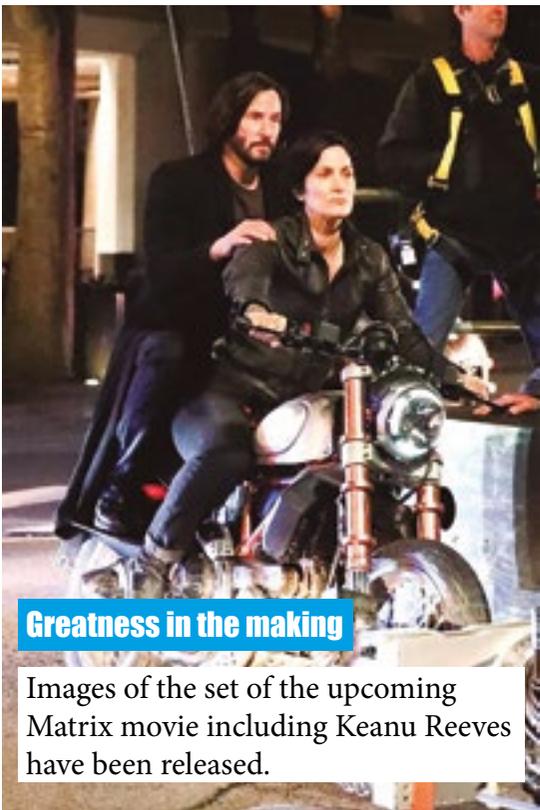
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**Greatness in the making**

Images of the set of the upcoming Matrix movie including Keanu Reeves have been released.



**Official couple**

Actress Renee Zellweger confirmed via instagram her relationship with Ant Anstead.



**Money, money, money!**

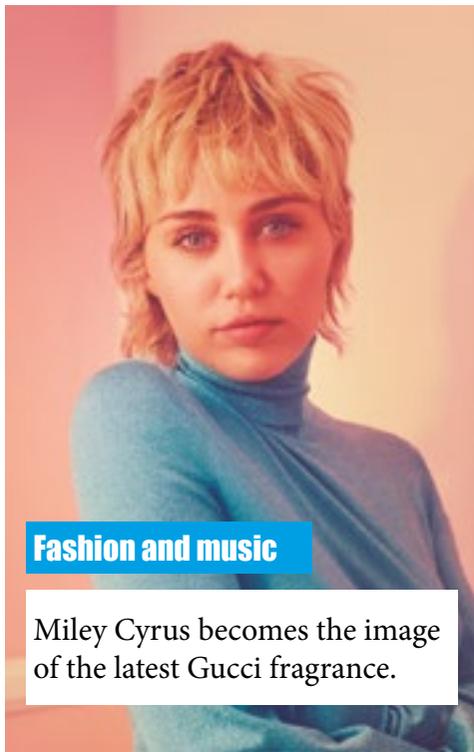
The list of the TV stars that made the most money this year have been revealed. In this elite group we can see a huge variety of celebs, starting from Chris Pratt who earns \$1.4M per episode to Sarah Jessica Parker, Cynthia Nixon, & Kristin Davis earning each \$750K per episode.

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**Fashion and music**

Miley Cyrus becomes the image of the latest Gucci fragrance.



**Health and future**

Rebel Wilson revealed that the reason for her weight loss was having a better chance to be fertile for a future baby.

**Taking care of everyone's health on set**

Actress Sharon Stone has revealed her views on the global pandemic situation and people's behaviour. She has stated that she will only participate in projects where the whole team is vaccinated in order to ensure safety for everyone involved. This will serve as an example of irresponsible people that won't take the pandemic seriously and keep harming other's people health and overall worsen the situation.



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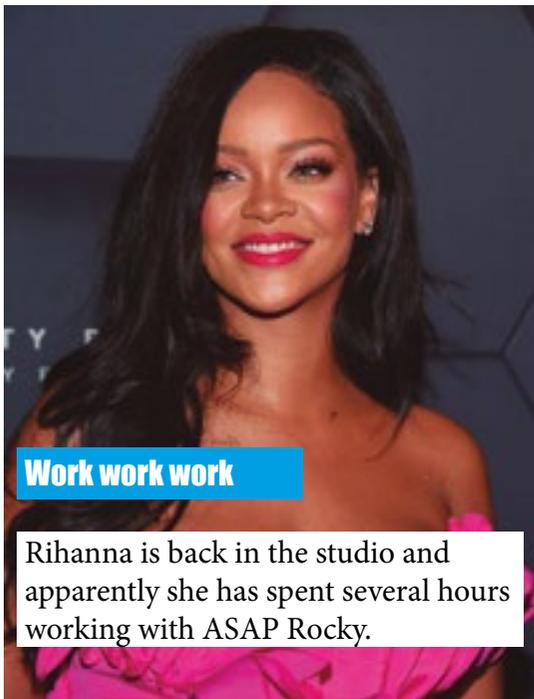
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**One step at a time**

Blake Shelton and Gwen Stefani, recently married, have decided to have some quiet time before having their honeymoon



**Work work work**

Rihanna is back in the studio and apparently she has spent several hours working with ASAP Rocky.

**Dear little Khloe, this is for you**

Khloe Kardashian participated in a Q&A session with fans via Twitter where she explained what advise she would give to her younger self. She said that it is important to live for yourself and not the others, so that you can make yourself feel happy instead of living trying to make other people feel proud or content. She continued by saying "Focus on making yourself happy. The rest is too much pressure & probably won't matter in the grand scheme".



[NEXT] DOOR

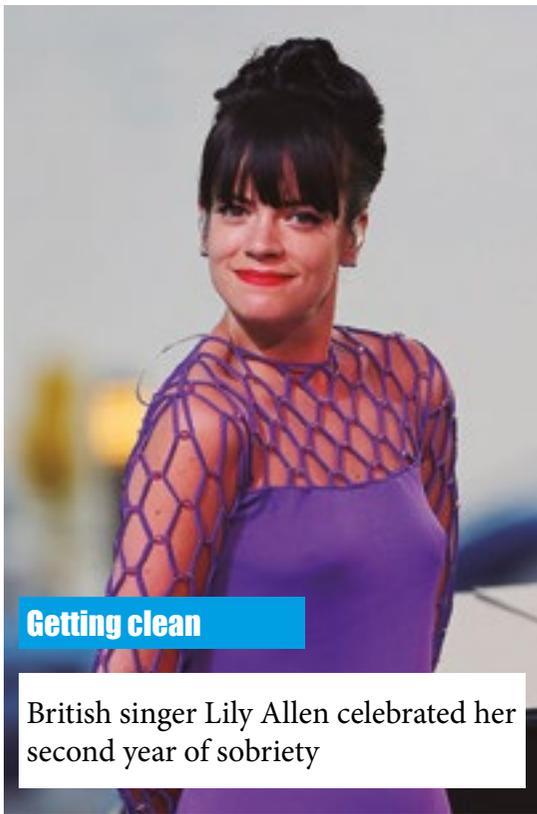
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**Supportive mom**

Actress Jamie Lee Curtis revealed that her child is transgender and that she feels so proud of her.



**Getting clean**

British singer Lily Allen celebrated her second year of sobriety



**Ready, set and... bon appetit!**

Celebrity Paris Hilton is hosting in her latest Netflix show "Cooking with Paris", where she cooks with other celebrities while discussing life. Some of this famous guests are her friend Kim Kardashian, her family Nicky and Kathy Hilton, Demi Lovato, Saweetie... Not only they appear cooking, but the show is set to follow a "video blog" style from purchasing groceries to eating the actual meal. "Cooking with Paris" premiered on Netflix on August 4.

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**Old hollywood glamour**

Ana de Armas will be portraying Marilyn Monroe in the upcoming movie “Blonde”.

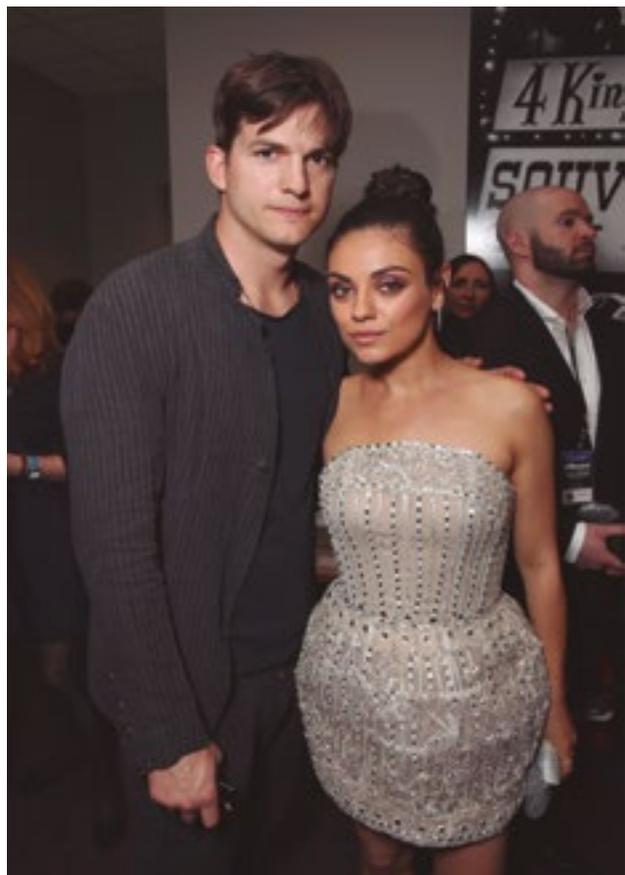


**Standing up for herself**

Lucy Liu revealed that Bill Murray had a dispute with her in the Charlie’s Angels set where he insulted her.

**An out of this world argument**

Mila Kunis recently expressed her regret about telling husband Ashton Kutcher not to go to space. Years ago, Kuthcer got a ticket to go on a spacial mission, which didn’t sit right with Kunis. She explained that she told him not to go, since they had babies and going though a dangerous experience like that would be not only irresponsible for the couple’s sake but for all the family now. Although this story sounds so sci-fi, it was real and he ended up selling that ticket, never going to space.



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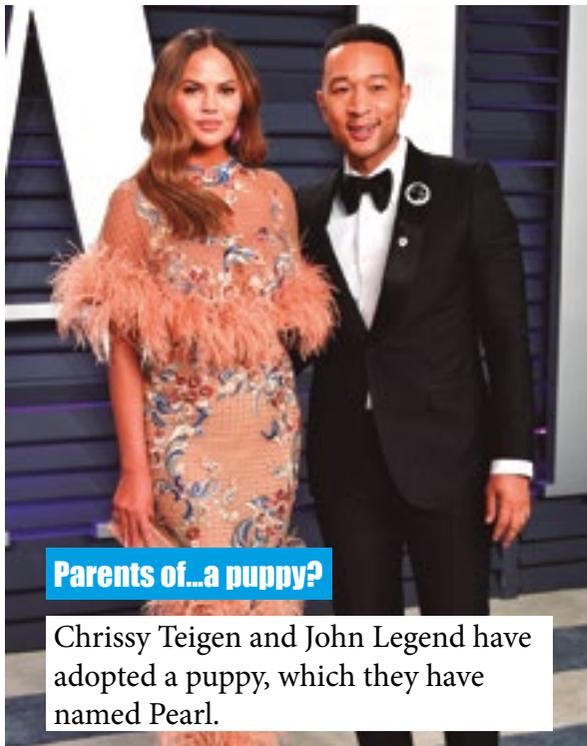
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## LET'S GET FUNKY



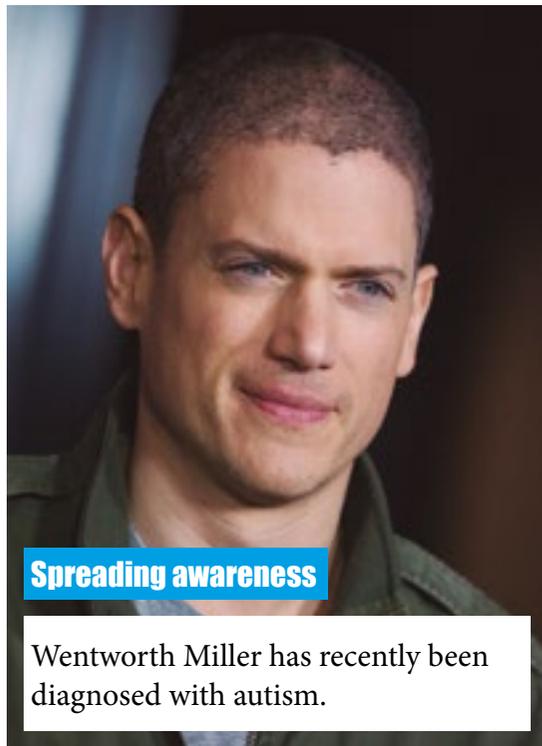
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**Parents of...a puppy?**

Chrissy Teigen and John Legend have adopted a puppy, which they have named Pearl.



**Spreading awareness**

Wentworth Miller has recently been diagnosed with autism.

**“I hope that all turns out the way that it should”**

Country singer Dolly Parton has stated her support to Britney Spears in her conservatorship situation. Like other artists, she has taken the side of the singer. Parton didn't want to “be in other people's business” but also added that she thinks Spears is a wonderful girl and artist, and that she understand what she is going through due to the fact that she had some similar problems in her early career back in the day.





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